



Open Heart Open Arms

WEDNESDAY 6 MARCH 2024 WEEK 6, TERM 1

SPORTS WEEK FUN

Congratulations to all students and staff on a very successful Sports Week!

There were some fantastic achievements from students across all events and age groups. The sunshine, fun and colourful costumes, great team spirit and excitement on the track and field events combined to create brilliant atmospheres.

Well done to everyone involved! Thank you to all who participated and to the staff who assisted throughout each Carnival.



Reminder: Public Holiday Monday 11 March | Student Free Day Tuesday 12 March

From the Principal



Athletics Carnivals – Excellence, Fun and Community Spirit

I was delighted with the sporting endeavour, personal bests and community spirit which prevailed at our R-2 and 7-12 Sports Days last week, and the 3-6 Carnival Monday. I thank students for their wonderful participation, teachers for their careful preparation and parents, carers and extended families for their support. Special thanks to Tina Opperman (EY-6 Sports Coordinator), Kaitlin Egan and Brooke Hicks (7-12 Sports Coordinators) and the Health and Physical Education Staff Team for their conceptualisation and leadership of the three day athletics festival.

Special thanks to our College IT Team and Grounds Team for their work behind the scenes. Likewise, thanks to the Sugarloaf Café, Seriously Caffeinated Coffee Van, Hospitality Students and Timor Leste travellers serving from the kiosk and on BBQ.

We are looking forward to hosting the South East Interschool Athletics Carnival, being held on Wednesday 20 March at Marist Park.



Board Annual General Meeting – 27 March, 7:00pm

I remind parents and caregivers of the Annual General Meeting of the Tenison Woods College Board, which will be held Wednesday 27 March at 7:00pm in the Pam Ronan Centre. Nominations are also sought for people interested in serving on the Board this year. The associated correspondence has been sent to families and can also be found [here](#).

The School Board is responsible for the governance of the School in the areas of policy review, financial management, pastoral care (staff, students and parents), maintenance and development and strategic planning. School Board meetings are held once a month with each member of the Board also belonging to a sub-committee, which meets between Board meetings. Elected members serve a two-year term on the Board.

Parents/carers are invited and strongly encouraged to participate in the governance of the School by nominating members of the School community to the School Board.

The timeline for nominations and elections is:

| | |
|--------------------------|---|
| Monday, 18 March 2024 | Nominations close 2.00pm |
| Tuesday, 20 March 2024 | Voting papers sent to parents if required |
| Monday, 25 March 2024 | Voting closes |
| Wednesday, 27 March 2024 | AGM of the School Board |

Thank you for your time and attention given to the formation of the School Board for 2024.

Tough Barker – Saturday 2 March

Thanks to all the students, parents and staff who participated in the epic barking, pruning and garden tidying challenge that worked the core, the abs, glutes, biceps and triceps on Saturday 2 March.

Our Grounds Team, James, Justin, Sunny, Andy, and Nick put participants through their paces, but as we know, beyond physical fitness and getting a few jobs done, working bees are much more. They are about creating community, because, as I have said on several occasions, being a member of the Tenison Woods College community is much more than a transaction at a fast food outlet.

Firstly I make the point that Tenison Woods College tries hard to keep the fees for families at the lowest possible level and in fact there has not been a fee increase in the past three years. We also work hard to assist those families in

need who find the fees a challenge. Working bees assist us in keeping fees as low as possible and helping those families in need.

But importantly attending such events as working bees is about contributing time and talents to a community that nurtures your child. In essence it is showing your child that you value the school beyond a transactional relationship, and you are prepared to play your part in being present to the community and building relationships with other committed families in our community. As I often say to staff and students, the 'magic' of Tenison Woods College occurs in the discretionary effort and I urge all families to see working bees as a way to show your children that you too are committed to the community, just as we expect of your children.



Lenten Season and Project Compassion – For All Future Generations

Students are continuing class communal action during the Lenten season to bring about change in our world. Fundraising throughout the six weeks of Lent will contribute to Caritas Australia's Project Compassion Campaign. Once again, this Lent Caritas Australia calls us to support Project Compassion under the theme of 'For All Future Generations', which is an expression of hope, and reminds us that the good that we do today will extend and impact the lives of generations to come. It invites us to make the world a better place by working together now and finding long-term solutions to global issues.

Wellbeing Initiative - Classroom Pulse 'Check-In'

As in past years, each term this year during Week 5 and 6 every student in a Catholic School in South Australia will participate in a simple online Classroom Pulse Check-In. This Check-In has been developed to ascertain how students are currently feeling about their experience in school. It is tailored to allow your child's teacher(s) to Check-In and provide immediate feedback and support to them. The Check-In will be carried out during the school day.

Catholic Education SA believes that our role is to help every child to be a thriving person, capable learner and a leader for the world God desires. We believe this Check-In will play an important part in supporting that goal and your child. Please do not hesitate to contact me if you require any further clarification.



Staff Professional Learning – Tuesday 12 March

Reception to Year 12 Staff are looking forward to the staff professional development day on Tuesday 12 March. The Senior School will devote time to the craft of numeracy teaching. The Middle School will be refining their integrated curriculum approach, while the Senior School will devote their energies to our trauma informed "Tenison Way of Building Relationships" with our young.

All three sub-schools will also be evolving further our wellbeing approach at the school, focusing on metacognitive competencies through our Resilient IMPACT strategy. Keeping Safe: Child Protection Curriculum and First Aid will also be completed by staff who are required to complete these critical dimensions of our professional practice.

The ELCC and OSHC will be offering service to families on that day.

Nude Food and Minimising Bins Within the School

Buoyed by the Junior School's successful Nude Food initiative and the reduced waste within the school, we are continually looking to reduce the large dumpsters across the school. We will replace these large dumpsters with smaller bins and work toward a situation where we have a refined approach to external bins for:

1. General waste
2. Bottles and containers
3. Mixed recyclables – such as paper, cardboard etc
4. Green waste

There are a range of issues for us as a school to address, and then some issues for us to discuss with the City of Mount Gambier Council so that there is greater integrity in our recycling processes as a school and as a community. The Grounds Team and Cleaning Team are committed to assisting the College in realising this ambition if all of the community is on board and works together in a collaborative way.

This issue is one of the major life learnings of our time for our young, and I am committed to ensuring that we act with integrity as a school community and teach our children, through our actions, about the care for our planet. Anything you can do and advise as a family in relation to refining our processes will be gratefully received. I trust that with deliberate, creative and collaborative endeavour we can take this very ordinary issue of waste and achieve extraordinary outcomes for our school and global community.

Wipe out Waste

Pack waste free food!

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?

Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunchbox or back-pack

Avoid

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Need a tutor? Studiosity is our free online tutoring service

I remind families that students of Tenison Woods College in Years 7-12 have access to a free online tutoring service. Students are able to connect to expert tutors for live, one-to-one conversations about homework, assignments and exam preparation from 3:00pm – 10:00pm Monday to Friday. Give it a try – I know you will appreciate the service offered by Studiosity!

God Bless,
David Meziniec | Principal

Uniform Shop

Opening Hours

Tuesday 8:00am – 12:00pm (Closed 12 March)
 Wednesday 8:00am – 12:00pm
 Thursday 12:30pm – 4:30pm

Please note on Tuesday 12 March the Uniform Shop will be closed due to a Student Free day.

Online Store
 To access the online Uniform Shop please [click here](#).

Kylie Watson | Uniform Shop

CIM Team News



Project Compassion

Throughout the six weeks of Lent, students will learn about the work of Project Compassion and how it has provided help to individuals and communities.

This week we introduce Memory. As the eldest child in a low-income farming family in rural Malawi, Memory faced many barriers to her education. But, with the support of Caritas Australia, she enrolled in a technical school and became the first female carpenter in her village.



Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations.

You can donate through Project Compassion by scanning the QR code below:



Year 7 Mass at St Paul's Catholic Parish

On Thursday 7 March, all Year 7 students will travel by bus to St Paul's to participate in their year level Mass and to familiarise themselves with the Church. On arrival at 9:10am, they will meet with Father Peter who will give them a tour of the Church and explore the artworks. Following this they will participate in Mass. We invite families to join them for Mass.

Distributing Eggs

Please keep in mind as we approach the Easter season that we are in Lent or Holy Week until Easter Sunday. Themes during this time are PRAYER, FASTING AND GIVING. On Easter Sunday we move into the joyful season of Easter which is 50 days of CELEBRATING.

The giving of Easter Eggs is discouraged until after Easter when we celebrate the Resurrection of Christ. When considered in light of the school year, this means we would encourage students who would like to give something to their friends at school, to do so after the Easter weekend, rather than before.

From the Parish

FISH FRIDAY

Come along to our Parish's Fish Friday this Lent! It is an opportunity for us to get together to enjoy great company and delicious food before heading to the Stations of the Cross. It has been proven that the family that eats and prays together, stays together!

Our next family dinner will take place Friday 15 March from 5.00-7.00pm at the Bay Road Social Club Room, Reidy Park Complex, O'Halloran Terrace. The cost will be \$18 for 2 pieces of fish, \$15 for 1 piece of fish & \$8 for children aged 8 and under. All meals come with hot chips, bread & salad. Drinks will be available for purchase on the night.

For catering purposes and dietary requirements, please book online on <https://www.trybooking.com/CPLBV> or contact the Parish Office. Don't let the cost be a hindrance for anyone to attend. Please speak to one of the priests for assistance. See you at the family dinner! Bookings are now open.

Little Lambs

Little Lambs is a faith formation program for preschool children. It runs every Thursday morning during school terms from 9.30-11.00am in St Joseph Room (adjacent to the main hall) on the grounds of St Paul's Catholic Church. Children are involved in storytelling, prayers, songs and activities. For the rest of the term we will be focusing on the season of Lent and preparation for Easter. Entry is by gold coin donation. For any enquiries, please contact Julie at littlelambs@mtgcatholic.org.au

Upcoming Events

Week 6 Thursday 9:15am Year 7 Mass at St Paul's Catholic Church
 Week 7 Thursday 9:15am Year 10 Mass at TWC

Sally Telford | Religious Education Coordinator





Year 9/10 Cricket

Last Monday, the Year 9/10 Cricket team played a 20/20 double header against St Martins' Lutheran College and then Grant High School. After some reasonably tight bowling and fielding, Tenison Woods College held St Martins to a total of 80 runs. Bryce Catlin, Mason Rogers, Lenny Tunkin and Axel Page were amongst the key wicket takers. The team then made a restless start to their innings, losing some early wickets cheaply. Lenny Tunkin and Tom Richards were then able to steady the ship before Scott McBain played a cheeky reverse sweep for 4, scoring the winning runs.

A quick bus ride to Yahl before the boys faced a confident Grant High School. Bowling first again, the boys made a positive start with an early wicket from Harvey Croker. Grant High School kept the scoreboard ticking over as we dropped a few catches and began to let the game slide away. Suddenly, the wickets started falling and the pressure was on. Teej Lawlor bowled very well, taking 4 for the innings and was well supported in the field by the likes of Jeremy MacKenzie and Axel Page. At the end of the 20 overs, Grant High School finished with 106, seemingly a very achievable total to chase. Unfortunately, the team came extremely close but were not able to score the winning few runs in the final overs. Excellent knocks from Ethan Brook and Finn Skeer did not go unnoticed. Always disappointing to not quite get across the line however, the team should be very proud of their efforts and the way they represented Tenison Woods College.



Scholastic Book Club Issue 2 Out Now

Book Club purchases need to be placed through the LOOP online ordering platform only.

LOOP is the easiest way for you to order and pay online for your child's book club order and the books will be delivered to their class. You can place your child's order at [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) or using the LOOP app, which can be downloaded from the App Store or Google Play. Just follow the prompts to create a new account if it is your first-time ordering (only one account per family is required).

We will no longer be accepting cash payments for Book Club. All orders for Issue 2 need to be in by Friday 29 March.

If you purchase books as a gift, Please let your teacher know so this can be passed on.

Jess Lucas | Library Assistant



SAPSASA Representatives

The SAPSASA trials for Term 1 are in full swing! We congratulate the following students for being selected into the following Lower South East SAPSASA teams.

Boys Softball- Monday 25 - 27 March:

- Jack Frecklton
- Finn McEachern
- Luke Oliver

Swimming - Monday 8 April:

- Stella Jones
- Darcy MacDonald
- William Mott
- Sophie Halloran
- Sienna Buntsma
- Quinn Jennings
- Innocent Fernando



Year 12 Jumpers Have Arrived!



VALD - High Performance Students

Our High-Performance class were extremely lucky to have Monique, a physiotherapist from VALD Performance attend their class and demonstrate various equipment used to test professional athletes, including organisations such as the AFL, NRL, NBA and Premier League.

The students were lucky enough to use testing technology such as the ForceDecks which collect data around Dynamics, Balance, Isometric movement, Ballistic movement and General Force-Time Analysis.

They also tested the Dynamo Handheld Strength & ROM devices which measure strength and range of motion, and grip strength among other things.

It was great insight for the students into the physical testing made available to athletes, as well as how their injuries, rehab and performance are professionally recorded.



Animal Behaviour and Handling

In Year 9 & 10 Agriculture, 10 ducks came to visit so we could practice our observation of animal behaviour and handling.

Poultry gives us a perfect opportunity to practice animal handling skills in miniature. They provide instant feedback on if there is too much pressure, the humans are not calm, or the environment is too loud and stressful.

The Year 10's did an exceptional job of moving the flock around without causing stress or losing control of the flock.

Judy Jenkin & Lewis Lean | Agriculture Teachers



Upcoming Key Dates

Week 6

Wednesday 6 March

- Twilight Tour | 5:45pm
- Stage 2 Kayaking Expedition

Thursday 7 March

- Year 7 St Paul's Church Visit 9:00am
- Stage 2 Kayaking Expedition

Friday 8 March

- Year 4-6 Assembly | MacKillop Junior School, 2:05pm
- Year R-1 Assembly | MacKillop Junior School, 2:40pm
- Stage 2 Kayaking Expedition

Week 7

Monday 11 March

- Public Holiday

Tuesday 12 March

- Student Free Day

Wednesday 13 March

- NAPLAN
- Years 2A & 2C Echo Farm Excursion | Echo Farm, 9:00am - 11:00am
- Years 2B & 2D Echo Farm Excursion | Echo Farm, 11:20am - 1:50pm

Thursday 14 March

- NAPLAN
- Year 11/12 Girls and Boys Knockout Tennis | Olympic Park
- Millicent Families Gathering | 6pm
- Year 7 Information Evening | St Anthony's, 7:15pm

Friday 15 March

- NAPLAN
- Lucindale Field Days - Visit us at the Yakka Pavilion
- Year 10 Agriculture Lucindale Field Days

YEAR 7-12 ATHLETICS CARNIVAL

1ST WOODS
5,813 POINTS

2ND MCAULEY
5,275 POINTS

3RD MACKILLOP
4,381 POINTS

4TH CHAMPAGNAT
3,721 POINTS

We congratulate the following students on their efforts on winning the following:

Winner: Woods 5813 points

Spirit Award: Champagnat

Best Dressed Female Group: Mario Cart

Best Dressed Male Group: Toy Story

Best Dressed Staff Group: MASH

Best Dressed Year 12s: Mean Girls

Under 13 Female Age Group Champions: Piper Wardle & Annabelle

Under 13 Male Age Group Champion: Tyson Sears

Under 14 Female Age Group Champion: Lucy Crowe

Under 14 Male Age Group Champion: Hamish

Under 15 Female Age Group Champion: Bell Coghlan

Under 15 Male Age Group Champion: Axel Page

Under 16 Female Age Group Champion: Maggie Collins

Under 16 Male Age Group Champion: Merlin Hopgood

Open Female Age Group Champion: Bree Robinson

Open Male Age Group Champion: Jonty Collins

Fastest Female: Raine Darimaani

Fastest Male: Masimba Chindewere

Con Brown Memorial Trophy: Axel Page

Junior Athletics Champion: Lucy Crowe

Senior Athletics Champion: Axel Pag



YEAR 7-12 ATHLETICS CARNIVAL



YEAR 3-6 SPORTS DAY

1ST WOODS
956 POINTS

2ND MACKILLOP
861 POINTS

3RD MCAULEY
666 POINTS

4TH CHAMPAGNAT
645 POINTS

We congratulate the following students on their efforts on winning the Age Group Champion:

Under 8 Female Age Group Champion: Mila Buckley
Under 8 Male Age Group Champion: Harry

Under 9 Female Age Group Champion: Layla Fazilahmed
Under 9 Male Age Group Champion: James Van Den Hurk

Under 10 Female Age Group Champions: Ellie Perry & Chindeza Chindewere
Under 10 Male Age Group Champion: Joseph Dikete

Under 11 Female Age Group Champion: Sienna Buntsma
Under 11 Male Age Group Champion: Zachary Howard

Under 12 Female Age Group Champion: Anna
Under 12 Male Age Group Champion: Riley Chapman



YEAR 3-6 SPORTS DAY



R-2 SPORTS DAY



R-2 SPORTS DAY



TOUGH BARKER - WORKING BEE

