WEEKLY NEWSLETTER

TENISON WOODS

Tenison Woods College Early Learning to Year 12 Co-Educational Catholic College

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WEDNESDAY 7 FEBRUARY 2024 WEEK 2, TERM 1

2023 DUX AND ACADEMIC AWARDS CEREMONY

The College was thrilled yesterday to welcome back last year's Year 12 graduates for the 2023 DUX and Academic Awards Ceremony. Many of our newest 'Old-Scholars' attended the College's first Whole School Assembly for the year, where as a community, we had the opportunity to congratulate them and present those present with a certificate of recognition. We also recognised the 2023 Years 7-11 students whom achieved excellent academic results last year. Our 2023 DUX of the College, Sophie Wrightson was also presented with a special medal honouring her achievement. Well done to all our students on some excellent results.









From the Principal



Recognising Achievement and Excellence in 2023 - Dux And Academic Awards Assembly

Yesterday, Tuesday 6 February, our College community gathered in the Barrie Holmes Stadium at 9.00am for our first Whole School Assembly for 2024. During the assembly we celebrated the achievements of our 2023 Year 12 students

with their outstanding SACE results and also acknowledged our Middle and Senior School Academic Achievers.

Special guest, Ross Parkinson, who is also an Order of Australia Member, also had the opportunity to present Aden Clarke, 2023 School Captain, with a Student Citizenship Award from the South Australian Branch of the Order of Australia Association.

Lenten Season and Project Compassion - For All Future Generations

Next week's Shrove Tuesday pancake fundraising day and Ash Wednesday liturgies mark the start of Lent; the season in which we prepare for Easter.

Students are being encouraged in class to develop a communal action during the Lenten season to bring about change in our world. Fundraising throughout the six weeks of Lent will contribute to Caritas Australia's Project Compassion Campaign. Once again, this Lent Caritas Australia calls us to support Project Compassion under the theme of 'For All Future Generations', which is an expression of hope, and reminds us that the good that we do today will extend and impact the lives of generations to come. It invites us to make the world a better place by working together now and finding long-term solutions to global issues.

2024 R-12 Welcome and Community Gathering Evening - It's About **Building Relationships**

A significant way in which parents can support the learning of their children and adolescents is by attending the R-12 Welcome and Community Gathering on Thursday 15 February. Parents will have a chance to meet our teachers, learn about the teachers' hopes for the year, and hear about the classroom processes that will ensure learning is achieved in the best possible way. Parents also have an opportunity to meet informally the Leadership Team of the school and ensure that we commence the journey of serving your child's individual needs in a deliberate manner.

Opening Whole School Liturgy - Open Heart, Open Arms in 2024

We look forward to Thursday 22 February and our Opening Whole School Liturgy at Marist Park. The liturgy, which commences at 9:00am will assist us to reflect on the College theme for 2024, "Open Heart, Open Arms."

The theme this year encourages us to be present to others with an open, welcoming, understanding heart, and when we see a need the theme encourages us to open our arms to embrace the opportunity to make a difference.

Don't forget your hat and sun screen!

eSmart School - Smart. Safe. Responsible.

As a school community we are an accredited eSMART Alannah and Madeline Foundation school community where the smart, safe and responsible use of communications technology is the norm.

The essence of the eSmart approach is outlined below:



One of the aspects of this process is the review, analysis and updating of our ICT policy and User agreements. These updated policies are available on the school website.

We also have an area of the SEQTA Portal @TWC dedicated to eSmart, including information for parents and the wider school community. This Cyber Safety Hub can be located by following this link: https://teach.tenison.catholic.edu. au/portal/914d3df1-69ba-4436-a566-f1da68b23faf

I am delighted that Tenison Woods College is an eSmart School and I look forward to our continuing commitment to the highest possible level of ICT innovation that is complemented by safe and responsible use of ICT.

Caring for One Another - Road Safety In and Around Our School

Following on from the theme of helping one another, I remind families of the importance to monitor their speed and adjust it accordingly as they approach the school on Shepherdson Road and White Avenue in the interest of safety for all, but particularly our young. I also remind students to utilise the various designated crossing areas which are monitored by our staff. Crossing the roadways at other areas adds to the danger for our young but also increases the difficulty for drivers in the area. Speed within the school site is 15km per hour. Further information is provided later in this Newsletter.

Working Bee - Saturday 17 February

I remind families of our first Working Bee, Saturday 17 February.

The two significant focus areas will be:

- 1. Barking of our play areas around the MacKillop Junior School and Early Learning and Community Centre.
- Pruning and tidying of the garden areas at the White Avenue perimeter of 2. College site.

The working bee will commence at 8.00am. Morning tea and refreshments will be supplied with a BBQ available from 10.00am. For those able to assist on the day we ask that you please register here.

Please bring any gardening equipment you think could be of use: gloves, shovel, rakes, wheelbarrow, even your ute.

Volunteers Enthusiastically Welcome

There are many opportunities for parents/carers to become involved in College activities and events and to connect with other members of the community. Below is a list of the many options available for parents/carers to participate in: Class Representative

- Faith, Health & Wellbeing Committee Member .
- Uniform Committee Member Friends of Tenison Committee Member
- Buildings & Grounds Committee Member
- Board Member
- . Attend Parent Coffee Mornings
- Attend Parent Sessions
- Breakfast Club .
- Learning Assistance Program (LAP)
- Working Bees
- Canteen •
- Stephanie Alexander Kitchen Garden (SAKG) Program •
- Excursions and Camps
- Sporting Days

If you would like to volunteer in any capacity at Tenison Woods College, please read and complete the Volunteer Registration Information Booklet and hand it in to the Tenison Woods College Front Office. This booklet includes a Work Health and Safety induction which must be read and signed prior to commencing any volunteering at the College. bnReporting Abuse and Neglect Training must also be completed here. You will need to register and create an account before completing the training. Click on the first training option -RAN-EC 'Responding to Abuse and Neglect - Education and Care online training'. Please print the certificate on completion of training.

A Catholic Police Check or an existing DCSI Working with Children Check is also required prior to volunteering and this will be arranged through the College free of charge.

All information can be found at our website here: https://www.tenison.catholic.edu.au/community/volunteers

For further information, please contact our Work Health and Safety Coordinator, Trudi Dempsey or Director of Wellbeing, Tania Sigley.

Sunsmart Approach

Australia has one of the highest rates of skin cancer in the world, with two in three Australians developing some form of skin cancer before age 70. Melanoma is one of the most commonly diagnosed cancers in Australians aged 15–29. Yet most skin cancers can be prevented by using sun protection measures at appropriate times of the year. The sun's ultraviolet (UV) radiation is the major cause of skin cancer. UV damage accumulated during childhood and adolescence is strongly associated with an increased risk of skin cancer later in life. Given school hours fall within peak UV periods of the day, we have moved to a comprehensive policy will assist schools to adopt healthy UV practices.

Our Sunsmart procedures such as wearing the college hats and sunscreen will be enacted according to the sun protection times forecasted by the Bureau of Meteorology for when the UV levels that are predicted to reach 3 or higher. Students will be notified during daily pastoral care about the need to wear their hat, and sunscreen will be supplied in the classroom. We encourage all students to leave their hats at school.

CESA COVID-19 Approach

With COVID-19 continuing to make its presence felt I remind the College community of the CESA Covid 19 procedures:

- Schools should continue to emphasise that students, staff and site visitors who are showing COVID-19 symptoms should stay away from school until acute symptoms (runny nose, sore throat, cough and fever) have cleared.
- Staff are required to notify the school if the return a positive COVID-19 test.
 Families are recommended to notify the school/centre if their child returns a positive COVID-19 test.

For further advice and information - https://www.cesa.catholic.edu.au/news/alerts

All the best for 2024!

God Bless, David Mezinec | Principal



CIM Team News

Year 12 Retreat In week 1, fresh off the bat from School Holidays, the Year 12's embarked on their retreat to Kangaroobie, in Princetown, Victoria. After a scenic drive along the Great Ocean Road, including stopping for photos (on our film cameras) at the Twelve Apostles, we settled in to camp. We

then participated in activities which included 'guess who' (baby photo edition), meaningful conversations among small groups about our influences and our strengths, a night walk, Mass led by Fr Olek, and a mandala creation as a form of mindful prayer. We were treated to some camp-run activities as well, such as canoeing, touring their family farm in a cage on the back of a ute, and survivor where we said goodbye to clean clothes, and got blasted by Miss Carroll with the fire hose. We also enjoyed table tennis, foosball and spoons in our down time, with cake and Milo galore. We finished with a BBQ for tea, letters from our parents, and affirmations for our whole year level. It was a special couple days, and saw our cohort form closer relationships in ready for 2024, our final year of schooling. *Bree Robinson (School Captain)*

Project Compassion

During Lent each year, Caritas Australia holds its Project Compassion appeal. Families are encouraged to think of ways to support this appeal and students will be involved in fundraising at the College.

Shrove Tuesday

Pancakes are traditionally served on the Tuesday before Lent begins which historically was an opportunity for households to use up luxury items before the season of Lent began. Pancakes will be available on Tuesday next week, 13 February, for \$2. Junior School students will collect their pancakes during the day with their class, whilst students from Years 7-12 can purchase a pancake during recess. Money raised will go to Project Compassion.

Ash Wednesday

All students will attend Ash Wednesday liturgies in year levels on Wednesday 14 February. As this is a holy day of fasting & prayer there will be no meat served in the canteen or Sugarloaf café.

Term 1 Masses in the College Chapel

Mass takes place every Thursday at 9:10 am in our school chapel, with a different year level preparing for and attending the Mass each week. We welcome family and community members to attend. The upcoming roster is:

Week 2 Thursday 8 February Year 9 Week 3 Thursday 15 February Year 6

Week 3 Thursday 15 February Year Week 4 Thursday 22 February Who

ruary Whole School Liturgy (Marist Park)

Whole School Liturgy

The Beginning of Year Whole School Liturgy will be held at Marist Park on Thursday 22 February at 9.00am. We invite families and our wider parish community to attend.

Youth Ministry Mass and Youth Group

Youth Mass is held at the 6.00pm Saturday Mass at St Paul's Church, Penola Road, on the weekend of the 3rd Sunday of the month. The next Youth Mass will be held on Saturday 17 February. The readings at this Mass are led by the young people from the College and the parish. We are hopeful that of some students may offer their musical talents in future Masses. Please contact either myself or Marilena Wilson if you would like to be involved in this.

The monthly Youth Mass is followed by a Youth Group dinner, activities and discussion. Students in Year 7 and above are encouraged to attend. Please register interest with Matthew Glynn (glynm@tenison.catholic.edu.au) to ensure you receive information about upcoming Youth events.

Sally Telford | Religious Education Coordinator

Upcoming Key Dates

Week 2

Thursday 8 February

SACE Merit Ceremony - Adelaide

Friday 9 February

Year 2 'Seven Little Wonders' Theatre Excursion

Week 3

Monday 12 February

- Years 7-12 Swimming Carnival Wulanda Recreation & Convention Centre
- Tuesday 13 February
- Shrove Tuesday

Wednesday 14 February

- Ash Wednesday
- Rest Day for New Reception Students
- Library Lovers Day

Thursday 15 February

R-12 Welcome and Community Gathering Evening - 4:00pm - see flyer in this Newsletter

Friday 16 February

 Years 7-12 Interschool Swimming Carnival, Wulanda Recreation & Convention Centre

Saturday 17 February

Tenison Woods College Working Bee



See the Community Noticeboard for posters and notices of upcoming events within our College, and wider community. Click <u>here</u> to view this page.

TERM 1 SPORT - IMPORTANT INFORMATION



Junior School Sport Opportunities

As we kick off the new academic year, Tenison Woods College is gearing up for an exhilarating Term 1 filled with sports activities and competitions. From softball to swimming, and everything in between, there's something for everyone to get involved in and show off their athletic prowess.

R-2 and 3-6 Sports Day in Week 5

One of the highlights of Term 1 are the *R-2 and 3-6 Sports Days* scheduled to take place in Week 5. These days promise to be filled with fun, friendly competition, and teamwork as our youngest and older students come together to showcase their sporting skills. More information will be in next weeks newsletter

Upcoming Sports Fixtures:

Girls and Boys Softball SAPSASA District Trials (Mon 12 February, Mount Gambier): The action kicks off with district trials for both girls and boys softball teams. Our talented players will compete in Mount Gambier, aiming for victory and a chance to advance to the state carnival.

Swimming SAPSASA District Trial (Fri 23 February, Penola): Following the softball trials, our swimmers will take to the pool for the district trial in Penola. With determination and dedication, they'll strive for success and the opportunity to represent the district at higher levels.

Track & Field SAPSASA District Trial (Fri 22 March, MGHS): March brings the excitement of the track and field district trial at MGHS. Athletes will showcase their speed, strength, and agility as they compete for a spot in the upcoming championships.

Golf SAPSASA District Trial (Tue 2 April, Penola): Golf enthusiasts will have their moment to shine at the district trial in Penola. It's a chance to demonstrate precision and skill on the green, with hopes of advancing to higher levels of competition.

Boys Australian Football SAPSASA District Trial (Thu 11 April, Mount Gambier): Wrapping up Term 1 sports events is the boys Australian football district trial in Mount Gambier. With passion and grit, our footballers will take to the field, leaving it all on the pitch in pursuit of victory.

As we look ahead to these exciting sports fixtures, let's rally behind our athletes, cheering them on to success and celebrating their dedication and hard work on the field, in the pool, and on the track. All SAPSASA information will be sent to all Year 5 and 6 students via Edsmart with links and further information prior to the trials.

Stay tuned for more updates and results from our sporting events throughout the term.

Tina Opperman | R-6 Sports Coordinator



Years 7-12 Sport for Term 1

In line with the vision statement of the school, Tenison Woods College aims to foster the physical talents of students to enable them to reach their full potential which contributes to students' opportunities to develop character, values, and lifelong skills.

This year we welcome Jorja Mitchell as our Sports Trainee, alongside Aleisha Hunter in Sports Administration. We will all be working closely together to ensure you are well informed of upcoming events throughout the year.

This term students will have the opportunity to participate in:

- Year 7-12 Tenison Woods College Swimming Carnival Monday, 12 February (Week 3) held at the Wulanda Recreation Centre
- Interschool Swimming Friday 16 February (Week 3) held at Wulanda Recreation Centre
- Adelaide Swimming Carnival Tuesday 20 February (Week 4) SA Aquatic Centre
- Tenison Woods College Athletics Carnivals:
 - Years 3-6 Sports Day, Wednesday 28 Feb 9am-3pm.
 Years R-2 Sports Day, Thursday 29 February 9am-12pm.
 - Year 7-12 Sports Day, S. Day 1, 12pm-3pm Thursday 29 February and
 Friday 1 March 9am-3pm (Week 5) held at Marist Park.
- Interschool Athletics Wednesday 20 March (Week 8) held at Marist Park
- Year 9 10 Boys Knockout T20 Cricket Dates to be confirmed
- Year 11 12 Boys Knockout T20 Cricket Dates to be confirmed
- Year 7 11 South East Zone Golf Tuesday 26 March (Week 9) (venue to be confirmed)
- Year 11 12 Knockout Tennis Dates to be confirmed

For internal school carnivals students will be able to nominate for events via Microsoft Forms. The link to their age group for swimming carnival was emailed to them from Jorja on Tuesday 30 January. The results from our internal school carnival will determine if children are invited to participate in Interschool and Adelaide carnivals.

For our upcoming Swimming Carnival there will be a BBQ situated just outside the centre which will be run by students attending the Timor-Leste Immersion Trip. Below is their menu and price list.

- Bacon and egg rolls \$5
- Sausages \$3
- Steak sandwiches \$8
- Jelly cups \$3
- Fruit cups \$4
- Lollies \$2

For all knockout sporting events this year, students will be able to nominate for events via Microsoft forms. They will be emailed by the Sports Administration at least two weeks before the competition and this information will be regularly included in the newsletter and school notices.

Trials will be held for these knockout sporting events. The trials and selection process at Tenison Woods College is a comprehensive process, often restricted by time and attendance of players. Tenison Woods College aims to deliver a fair and equitable selection process using the Tenison Woods College trials criteria.

If you would like to assist with any of the above carnivals or have any questions regarding Year 7-12 Sport in 2024 please email sport@tenison.catholic.edu.au

Kaitlin Egan | 7-12 Sports Coordinator

SWIMMING CARNIVAL - MONDAY 12 FEBRUARY

The College Years 7-12 Swimming Carnival is next Monday! We are looking forward to seeing a lot of House spirit and everyone getting involved – with novelty events in and out of the pool on offer, there is something for everyone!

Rural bus students will be dropped to the Wulanda Recreation and Convention Centre and collected as part of their usual bus transport. City bus students and local students will need to arrange their own form of transport to and from the Wulanda Recreation and Convention Centre.

ALL students will need to be marked off on the roll by their Homegroup teacher before entering the Centre by 8.35am and will not be permitted to leave until 3.20pm. No student will be given permission to leave the Centre prior to 3.20pm unless parents themselves are present to escort their child.

Should a student be ill or injured and unable to attend the day, an email to their Pastoral Care teacher or a phone call from parents to the absentee line must be made. If students are unable to swim, the College encourages them to attend as an enthusiastic spectator or participate in the novelty events.

Students are reminded to be sun smart: hats, sunscreen and a t-shirt or rash vest are <u>compulsory</u>.

Wulanda Canteen facilities will be available, as well as a Timor-Leste Fundraising Stand selling bacon and egg rolls, sausages and steak sandwiches. Please make sure your child has cash or a physical bank card for payment. No cards on mobile phones will be accepted.

We encourage students to develop Founder Team spirit and support the day by dressing up in their House colours or by bringing banners and other support items. If students are unable to dress in their house colours, their Tenison Woods College sports top is to be worn.

https://www.tenison.catholic.edu.au/files/45332530/2024_Swimming_ Carnival_Schedule_Final.pdf

If you have any questions please email sport@tenison.catholic.edu.au

Kaitlin Egan | 7-12 Sports Coordinator





Tune in to this week's SHINEfm Podcast as we speak to Principal David Mezinec as he dives into this year's theme 'Open heart, Open arms' and the College's visions and hopes for the year ahead.

Listen on Spotify: <u>https://shorturl.at/nxFL4</u> Listen on our Website: <u>https://shorturl.at/cgwA6</u>



YEAR 7 PARENT WELCOME BBQ

On Friday afternoon we hosted parents of our Year 7 students in Gilap Wanga at our Welcome BBQ. This gave families an opportunity to meet staff and familiarise themselves with the College. It was a fantastic turnout as we got to connect with lots of families, answer questions and enjoy a BBQ!

















WEDNESDAY 7 FEBRUARY 2024 | WEEK 2, TERM 1

YEAR 12 RETREAT

Last week our Year 12 students embarked on their annual Retreat to Kangaroobie in Princetown, Victoria. This picturesque location allowed the perfect opportunity for students to 'retreat' and reflect on their personal journeys and gave them time to focus on relationships and community building as well as space to focus on their own spirituality and their contribution to our Catholic identity and faith. A big thank you to Father Olek who travelled to assist with facilitating this important event with our Year 12 students. The Retreat is an incredible experience for our Cohort each year and we hope that they benefitted from their participation.











TENISON WOODS COLLEGE

2024 R-12 WELCOME AND COMMUNITY GATHERING EVENING

THURSDAY 15 FEBRUARY 2024

JUNIOR SCHOOL FAMILIES

4:30pm to 5:30pm: Reception to Year 6 open classrooms

4:00pm to 5:30pm: Reception - Year 6 BBQ Junior School Playground

MIDDLE SCHOOL Families

4:30pm to 5:30pm: Year 7, 8 and 9 open classrooms in your child's home room

> **4:00pm to 5:45pm:** Year 7-9 BBQ at the Thomas Ryan Courtyard BBQ Area

5:45pm to 6:45pm: YEAR 9Shine INFORMATION SESSION Pam Ronan Centre Upstairs

SENIOR SCHOOL FAMILIES

5:30pm to 7:00pm: Please join us in the Pam Ronan Centre Common Room to mingle and chat with your child's teachers and other key staff that your child will be supported by in the Senior School. Enjoy nibbles as we welcome you and your child to 2024.

5:30pm-6:00pm: Year 10 Teachers in attendance

6:00pm-6:30pm: Year 11 Teachers in attendance

6:30pm-7:00pm: Year 12 Teachers in attendance

POPIARS FAMILIES

BBQ 3:30pm-5:30pm Open Classrooms 3:30pm - 5:30pm







Please indicate your attendance via EdSmart for catering purposes WEDNESDAY 7 FEBRUARY 2024 | WEEK 2, TERM 1





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Junteers

Can you offer some time to assist with Breakfast Club in 2024? *We need your help!*

A great way to interact with Students, and give back to the College Community

Only 30 minutes of your time required.
 BC operates Tuesday,
 Wednesday &
 Thursday from
 8:00am-8:30am.

Interested?

Please indicate your availability to Breakfast Club Coordinator, Trent Eitzen <u>eitzt@tenison.catholic.edu.au</u>

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TRAFFIC FLOW AROUND THE COLLEGE

As we welcome everyone back to Term 1, we bring to your attention parking and traffic flow reminders, as we ask all parents, carers and staff to be mindful of. These changes have taken place to spread the flow of traffic around the school and maximise the ability for buses to outlying regions to leave to school in the most efficient time possible.

Clear signage is in place in all areas and must be followed at all times to ensure safety of children and efficiency of traffic.

- Parking in Marist Park grassed area is open. The entrance to this area is from Shepherdson Road. All parents and students using this area must use the monitored
 crossing adjacent to the Front Office to cross the driveway.
- · The parking area behind Gilap Wanga learning community can now be accessed via White Avenue entrance with a left turn now allowed from the ring road.
- The road behind Gilap Wanga learning community is now 2-way please drive slowly as they are narrow in parts

Please also be reminded of the following rules that are already in place:

- The driveway from Shepherdson Road is two way and no overtaking is permitted
- The MAXIMUM speed limit on all roads within the College is 15kmph
- Both Kiss and Drop areas (Shepherdson Rd and White Avenue) are continuous flow areas and are not to be used for parking and waiting. If your child is not there
 when you are there please continue to a park or do another loop until they are ready.
- All children crossing internal and external roads must do so at the supervised crossings where they are available. Please have this conversation with your child and do not call them across a road to a parked car.

As we are enjoying fantastic summer weather, we highly recommend parking along Shepherdson Road and encouraging students to arrive and depart school grounds utilising the sealed pathways and supervised school crossing. The Rail lands sealed walking path also provides numerous entry and exit points for students to walk or ride to school and utilise the Shepherdson Road school crossing which is supervised in the morning and afternoon.

Let's work together to keep everyone safe!

