#### TENISON WOODS COLLEGE

Early Learning to Year 12 Co-Educational Catholic College

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# Weekly Newsletter

Early Dismissal - Friday 29 September Junior school Middle/Senior School

Student Free Day - Friday 20 October

# R'UG'K! Hay 'I'm here to hear'

**TENISON WOODS** 

COLLEGE

On Thursday 14 September, our College community took the pledge and asked 'R U OK? I'm here to hear'.

With a touch of yellow, students and staff helped spread the message of this year's R U OK? Day theme.

From buddy activities across the school, lunchtime activities, face painting, cupcakes, and a staff v student soccer match, there was a sense of fun and camaraderie from our Early Learning Children right up to our Senior Students.

Classes in Years 7-11 joined a panel discussion with industry experts, from local agencies such as Headspace.

Thank you to our wonderful Student Leaders, who really got behind the message of R U OK? Day.

















#### From the Principal





#### R U OK? DAY 2023 - I am here to hear

Thank you to students, staff, families and guest community members who supported our commitment to R U OK? Day on Thursday 14 September. The message this year was "I am here to hear." The message appreciates that life's ups and downs happen to all of us, and R U OK? was calling on all of us to let the people we care about know we're here, to really hear them. R U OK? Day encouraged us not to wait until someone is visibly distressed or in crisis. Rather, we are urged to make a moment meaningful and ask them how they're really going.

Special thanks to our Director of Wellbeing Tania Sigley, Wellbeing Coordinators and Student Leaders for their efforts in animating a very successful RUOK? Day.



#### International Day of Peace - Actions for Peace: Our Ambition for the #GlobalGoals

Each year the International Day of Peace is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.

This year's theme is a call to action that recognises our individual and collective responsibility to foster peace. Fostering peace contributes to the realisation of the Sustainable Development Goals (SDGs) and achieving the Sustainable Development Goals will create a culture of peace for all. The SDGs aim to bring us closer to having more peaceful, just, and inclusive societies, free from fear and violence.

United Nations Secretary-General António Guterres said, "Peace is needed today more than ever. War and conflict are unleashing devastation, poverty, and hunger, and driving tens of millions of people from their homes. Climate chaos is all around. And even peaceful countries are gripped by gaping inequalities and political polarisation."

Embrace the possible. That's the call of the 17 Sustainable Development Goals, a blueprint for a better world. We don't have to wait for the future we want - we can create it right now. Everyone can join the global movement for change. ActNow is the United Nations campaign to inspire people to act for the Sustainable Development Goals.

#### Prayer for Peace

Lord, make me an instrument of Thy peace; where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

O Divine Master,

grant that I may not so much seek to be consoled as to console; to be understood, as to understand: to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

#### Amen.

#### St. Francis of Assisi

#### BYOD - YEAR 6 Families, ready for Year 7 in 2024

As the year flies by and we look to 2024, I remind families that if they are thinking about purchasing a device for next year, to check out the Bring Your Own Device page on our website. The link is attached here.

You can also find this page in SEQTA Engage by choosing the Portals option and selecting BYOD Parent / Guardian Information.

We encourage families to think about their child's needs a little earlier than they might normally to ensure that the device is ready for the start of 2024.

#### Key dates for the commencement of 2024:

A full list of 2024 key dates will follow soon, but to assist with planning I inform our College community of dates to commence the 2024 academic year:

Tuesday 23 January 2024 All Teaching Staff commence Wednesday 24 January 2024 Friday 26 January 2024

Book collection day and Staff planning day Australia Day Public Holiday

Reception, Years 7, 10,11, 12 commence term 1

Tuesday 30 January 2024

Monday 29 January 2024

All other students commence term 1.

Timor-Leste Delegation #2 Departs on 24 September



We wish our second Timor-Leste Delegation for 2023 the very best. We trust that under the guidance of Bernadette Fisher, Sally Pearce and Tania Sigley these students will gain insights into the realities of life for our poorest neighbours of Timor Leste. They will experience life in both village and urban contexts as well as witness the work of the Church as it meets the material, pastoral and spiritual needs of the communities served by its presence.

All money raised this year is being distributed to the communities that delegates will visit, such as the Bakhita Centre, the Dominican Orphanage and our sister school in Hatolia, San Francisco Xavier College. This year Bernadette Fisher and the delegation are also looking forward to a tour of Klibur Domin, a charitable home operated by the Ryder Cheshire foundation, which has strong links to Mount Gambier.

Students attending the second trip have particularly 'locked on to' the challenge of raising a further \$8,000, so that the boarding school dormitory for girls in Hatolia can be completed. The first delegation was shown the dormitory for 40 young girls who board at the school. The conditions were very basic and quite upsetting to see.

A new dorm is in the process of being built and as a group the first delegation have made a promise to the girls to raise the required \$8,000 to finish the project before the next trip. So we were urged to roll up our sleeves as a community and raise the funds needed.

Through immersing themselves into the Timorese culture, students will embark on a transformative journey of learning and self-discovery. They will witness the resilience and determination of the communities they visit, gaining a deep understanding of their challenges, but at the same time their appreciation of their precious gift of life. It is hoped that this experience will foster empathy, compassion and an appreciation for cultural diversity and will inspire our students to strive for a more just and inclusive world.

I look forward to hearing the stories of the delegation and their insights into how the funds raised by our community this year will be donated and put to good use to support our neighbouring sisters and brothers. The students ans staff travelling to Timor Leste are:

- Jackson Bell
- Patience Bladon
- Aleisha Brook
- Harry Drew
- Grace Gazzard
- Dom Gertners
- Paul Hammond
- Matilda Lamb

- Kimberly Opperman
- Aleisha Pearson
- Lambrini Robinson
- Annie Williams
- Eleanor Xanthopoulos
- Bernadette Fisher
- Sally Pearce
- Tania Sigley

Don't forget to follow the "Timor Leste 2023 Trip B Blog", which can be found via the Newsroom page on the Tenison Woods College Website, or click here.



#### Our 2023 Shining Lights - A great deal to celebrate

The Friends of Tenison Woods College (Old Scholars Association) is very pleased to announce the four 2023 'Shining Light' award recipients.

The awards aim to recognise significant contributions made by former students, families or staff to our local and global community in order to inspire current and future students about the essence of our community and their call to service.

Tenison Woods College and its predecessors, St Paul's School, Tenison College, Marist Brothers Agricultural College, Mater Christi College, St Mary's School and St Joseph's College value the contributions of all community members, past and present and we think it's important to recognise some of the stand out achievements within the community.

In 2023 we are delighted to celebrate the Shining Lights:

- · Jack Annear
- Annie and Andy Clifford
- Pam Ronan

The celebration will be conducted on Saturday 28 October at 6:30pm at City Hall, Mount Gambier. To book your free ticket and attend this wonderful celebration, please register. here.



#### Leaving Families Thank you Celebration

I am delighted that on Thursday 28 September we will take time to say farewell to a number of families who will complete their formal association with the College given that their last child is currently in Year 12.

During the evening I will thank families for the trust they have shown in the College over several years. They have shared an outstanding journey with Tenison Woods College, and the College's success is in no small way due to their partnership with the school. The College appreciates the loyalty of families to the school, for challenging us to be the best we can be, for acknowledging our successes and for forgiving when we 'dropped the ball.'

I thank families for the legacy they have left other families – the legacy of outstanding facilities, the legacy of outstanding achievement, but most of all the legacy of an outstandingly pastoral community, where people feel welcomed, safe and respected. Other families will stand on their shoulders, on what they have helped create.

Many of these families have had a long association with the College and I am thrilled to celebrate with them and thank them for their commitment to many years to Catholic education in our region.

God Bless.

David Mezinec | Principal

#### CIM Team News

#### Vinnies Badge Day



approach them for help and assistance. The efforts of the College community, through supporting events such as Badge Day and through opening the shop on Crouch Street on Saturday mornings, really does make a difference. The money collected by our students on Friday will greatly benefit those in the Limestone Coast.

#### Season of Creation

We have entered the Season of Creation which will end on 4 October, the Feast of St. Francis of Assisi, the Patron Saint of Ecology. This week you might like to-

- 1. Take a walk and clean up your local area.
- 2. Take a moment to take in the beauty of our surroundings.

#### **Marist Retreat**

Last week, Chris Lloyd and I had the privilege of participating in a professional development experience at The Hermitage Mittagong, an institution founded by the Marist Brothers. Throughout the experience we gained a deeper understanding of the rich Marist Charism, whilst learning the story of Marcellin Champagnat and exploring the Marist values of Presence, Simplicity, Family Spirit, Love of Work, and a commitment to following in The Way of Mary. It was an inspiring opportunity that has left us both motivated to bring our learning back to the College community and to carry these principles forward in our work and lives.

#### **Masses at Tenison Woods College**

Mass is celebrated each Thursday of the Term and is led by a different year level each week. Students in Years R-3 hold a Liturgy of the Word each Term. We invite family and friends to join us for Masses and liturgies in the school Chapel. Upcoming Mass and liturgy times are as follows:

- Week 9 Thursday 21 September 9:10am- Year 10 Mass
- Week 9 Thursday 21 September 10:15am- Year 2 Liturgy
- Week 10 Thursday 28 September 9:10am- Year 9 Mass
- Week 10 Thursday 28 September 9:15am- Year 3 Liturgy

#### From the Parish

#### **Family Mass**

The next Family Mass will be held on Sunday 24 September at 11:00am. We invite all our primary aged children to come along. If your child would like to take part in reading, singing or offertory in future masses, please contact Rayhna Stephens at Tenison Woods College or Cisca Teodoro at the Parish Office for further details.

#### ST PAUL'S CHILDREN'S CHOIR

In preparation for the Family Mass on Sunday 24 September, the Children's Choir will be having a rehearsal on Friday 22 September at 6.00pm in the choir loft of St Paul's church. Children aged 8 and older are invited to come along. For any enquiries, please contact Debbie Brogan on 0473 182 466.

#### 2023/2024 Sacramental Program Invitation - First Reconciliation

Mount Gambier Catholic Parish invites parents to enrol their children, who are currently in Year 3 or above and might be ready to celebrate the First Reconciliation, to take part in the Parish Sacramental Program for 2023/24.

The Sacrament of First Reconciliation is an essential part in the preparation for children who wish to complete their Sacrament of Initiations. The Sacrament of First Reconciliation will be completed this year, with the Sacraments of Confirmation and First Holy Communion offered next year.

An Enrolment Evening will be held in St Paul's Hall on Thursday 28 September at 7.00pm. The important dates, the structure of the program and the expectation of your involvement will be explained in detail at the meeting. For a copy of the enrolment form or for more information please contact Cisca Teodoro at <a href="mailto:sacraments@mtgcatholic.org.au">sacraments@mtgcatholic.org.au</a> or Sally Telford at <a href="mailto:telfs@tenison.catholic.edu.au">telfs@tenison.catholic.edu.au</a>

#### **Youth Retreat**

Mount Gambier Parish would like to invite young people who are currently in Year 6 and above to join us at this year's Youth Retreat. This year's retreat will take place on Saturday 14 October in St Joseph's church and Mary MacKillop Memorial School, Penola. There are leaflets containing information about the retreat on the bulletin stands. Please take one home or pass it on to someone who might be interested. Contact the Youth Leaders or one of our priests if you have any questions or would like to participate – youth@mtgcatholic.org.au





#### **Upcoming Key Dates**

#### WEEK 9

#### Thursday 21 September

- Year 3 Swimming Lessons | 10:30am until 12:00pm
- Year 10 Mass | TWC Chapel, 9:10am
- Year 2 Liturgy | TWC Chapel, 10:15am
- Open FUTSAL (Boys and Girls) | Wulanda Recreation Centre
- Years 7-9 Girls Football
- International Day of Peace
- Year 7-9 Knockout Football Finals Adelaide Girls
- Art Exhibition Front Office Corridor

#### Friday 22 September

- Year 3 Swimming Lessons | 10:30am until 12:00pm
- Vinnies Badge Day
- Year 9SHINE Day Walk
- Years 8A & 8C Volcano Excursion
- Year 10 Geography Eco Tour Excursion
- · Art Exhibition Front Office Corridor

#### WEEK 10

#### Monday 25 September

- Timor Leste Trip B
- Year 9/10 Knockout Basketball | St Francis de Sales High School
- Year 7/8 Girls & 9/10 Boys Soccer Finals | Gepps Cross Adelaide
- Year 11 Religion Beach Cleanup
- Year 11/12 Boys Soccer | Depart lunchtime

#### Tuesday 26 September

- Timor Leste Trip B
- Year 11/12 Boys Soccer | Adelaide
- Stage 1 Bushwalking Expedition | Mt Richmond Cape Bridgewater

#### Wednesday 27 September

- Timor Leste Trip B
- Years 7/8 Girls 9-A-Side Football | Penola High School
- Stage 1 Bushwalking Expedition | Mt Richmond Cape Bridgewater

#### Thursday 28 September

- Timor Leste Trip B
- $\bullet \qquad {\sf Stage \ 1 \ Bushwalking \ Expedition \ | \ Mt \ Richmond \ \ Cape \ Bridgewater}$
- Year 12 Leaving Families Function | PRC
- Year 9 Mass | TWC Chapel, 9:10am
- Year 3 Liturgy | TWC Chapel, 10:15am

#### Friday 29 September

- Timor Leste Trip B
- Team Colours Day
- Whole School Assembly | Barrie Holmes Stadium
- Last Day Term 3 Early Finish | R-6 (2:15pm) and 7-12 (2:20pm)

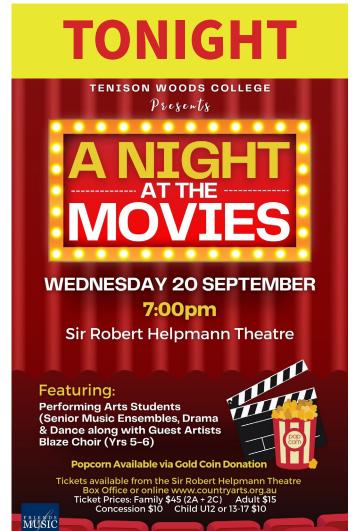


Just a friendly reminder that as we head into Term 4, Summer uniform items need to be worn. The uniform shop will open during Week 2 of the school holidays.

#### **Opening Hours**

Tuesday 10 October 9:00am - 1:00pm Wednesday 11 October 9:00am - 1:00pm Thursday 12 October 9:00am - 1:00pm

Kylie Watson | Uniform Shop





#### Removal of Invasive Weeds

In Week 8, the Year 7 Future Thinking and 9SHINE classes immersed themselves in the removal of invasive weeds down at Marist Park.

Invasive weeds destroy our natural landscapes, agricultural, waterways and coastal areas by displacing native species.

The students have learnt the importance of protecting the environment, so that our native species can continue to thrive.



#### **Employment Opportunities**

Tenison Woods College is a dynamic Early Years - Year 12 Catholic co-educational College with over 1400 students. The College is situated in picturesque grounds on the outskirts of Mount Gambier, SA.

We are seeking suitably qualified staff for permanent teaching positions in the following teaching areas, or a combination of these areas, to commence in January 2024.

- · Reception to Year 2 Classroom Teacher
- · Years 3-6 Classroom Teacher
- · Years 2-6 Physical Education Teacher
- · Years 2-9 Italian Teacher
- Years 7-9 Future Thinking (Mathematics/Science) Teacher
- · Years 7-12 Agriculture Teacher
- Years 7-12 Design & Technology Teacher
- Years 7-12 Drama Teacher
- Years 7-12 Dance Teacher
- · Years 7-12 Media Arts Teacher
- Years 7-12 Religious Education Teacher
- Years 7-12 Outdoor Education Teacher
- · Years 10-12 Physical Education Teacher
- · Years 10-12 Food Technology & Child Studies Teacher

Applications close 4:00PM Tuesday, 26 September 2023

For further information and Position Information Documents, please visit: <a href="http://www.tenison.catholic.edu.au/our-college/employment">http://www.tenison.catholic.edu.au/our-college/employment</a>



#### Wipe out Waste

Last Wednesday, our Reception to Year 4 students were treated to a Wipe Out Waste performance by Graeme Denton (on behalf of KESAB).

This entertaining act taught the students about the importance of waste management and how best to sort their rubbish.



#### PPEP Talk for Year 11 Students

Ailsa from PPEP Talk recently delivered an engaging and informative session on Periods, Pain & Endometriosis for our female Year 11 students.

PPEP Talk is the largest pain education program for students. It plays a critical role in informing and educating students to recognise and identify whether their pain is normal, how all the different symptoms fit together, simple ways to reduce their pain, and how to look for further help if pain is severe. This allows students to fulfil their true potential, without the burden of pain.



#### 9SHINE Day Walking Excursions

Over the past few weeks each 9SHINE class has participated in an all day walking excursion around the Sugarloaf, Leg of Mutton Lake, Blue Lake and the Valley Lake to prepare them for their camp in Term 4.

There were definitely some sore feet after each hike but it was a great to see so many students giving it their best go.

#### Class Placements for 2024

Planning for 2024 classes is about to begin in the Junior School. Staff give deep and careful consideration to the class placement of students, ensuring the best and most informed educational and wellbeing decisions are made.

Towards the end of Term 3, Junior School students will receive a note from their homegroup teacher regarding this process. Please ensure that you discuss this with your child, sign and return the relevant section. If you feel there are exceptional and valid circumstances for your child that need to be considered, please address these in writing to Francesca Dickson, Head of Junior School at francesca.dickson@tenison.catholic.edu.au by Friday 20 October 2023 (end of Week 1, Term 4). Please note that requests for specific teachers are unable to be considered.

Francesca Dickson | Head of Junior School





#### **ELCC Police Visit**

The ELCC MacKillop room has recently been extending children's inquiry by investigating the community around them and visiting the Mount Gambier Police Station!

The excursion gave them a 'behind the scenes' look at the station, inside a police car and all the equipment the police use to protect us. The children were very excited to wear their police hats, learn how the police can help and what number to call in an emergency.

A huge thank you to the Mount Gambier Police Station for sharing their precious time and expertise with our children!



#### Project Recology Needs Your Help!

The Project Recology shed has recently had a massive influx of bottle lids that they need help sorting.

If any parent or students are able to sort some lids to help out the Recology team, they would very much appreciate it.

If you are able to help please make your way to the recology shed straight after school on a Tuesday or Thursday to pick up a bag of lids to take home and sort into colours and return. The Recology Shed is located where the buses park at the back of the school. Many hands make light work.



#### Stage 1 Bushwalking Expedition

Last week the Year 10 Stage 1 Outdoor Education class headed on a 3 day bush walking expedition.

The group hiked through gorgeous Mount Richmond National Park and then along the spectacular coastline of Cape Bridgewater. Some highlights from the trip included seeing whales, echidnas, kangaroos and the odd snake.





#### Lyla Woolston Interschool Dressage Sucess

Last Friday, Lyla competed at the Horseland Interschool dressage day at the Boneo Park Equestrian Centre, representing Tenison Woods College.

Lyla and her pony Skye were up against 16 other primary school competitors (all much older than her) but they managed to come home with reserve champion in the preliminary dressage, also achieving their personal best scores!

Over the weekend Lyla & Skye also went on to compete in the open/adult classes, bringing home first and second places.

Congratulations on your achievement Lyla!



# SHINE fm Upcoming 9SHINE Experience



#### SHINEfm Podcast - Term 3, Week 8

This week on SHINEfm we caught up with Year 9 students who have recently participated in a day walk excursion in the lead up to their up coming 9SHINE camp in Term 4. The students tell us what they are excited for on camp and what they liked the most about the recent excursion.

Listen on Spotify: <a href="https://shorturl.at/chjHQ">https://shorturl.at/chjHQ</a>
Listen on our Website: <a href="https://shorturl.at/FRUWZ">https://shorturl.at/FRUWZ</a>

#### Canteen Reminders

- Please ensure the Student Profile in the QKR! App created for ordering is your child's name (not the parent name);
- QKR! App Orders need to be in by NO LATER THAN 8.30am for same day orders:
- Please carefully check day / date of order when using the QKR! App, and the details of all orders before proceeding to checkout.
- Year 8 and 9 QKR! App specials are only available to be ordered by these year levels, not for a younger sibling.
- Reception to Year 5 are only allowed to purchase two items over the counter, only one of these can be lollies. There is no monetary limit, only an item limit.





### From the Sports Department



## SAPSASA Athletics State Track and Field Championships

Sun greeted all competitors at the 2023 SAPSASA Athletics State Track and Field Championships. Tenison Woods College had 3 participants in Zoe Little (Year 5), Darcy Hodges (Year 6) and Annabelle Gordon (Year 6).

All three students were magnificent representatives of our school with Darcy gaining a spot in the SA State team with a 1.38m High Jump score, landing her a gold medal.

Annabelle came 4th in the 12 girls long jump and came a gallant third place in the 12 girls 4x100m relay with Darcy. Zoe did extremely well in her 800m run coming 9th

Congratulations Girls!

**Tina Opperman** | R-6 Sports Coordinator



#### **Upcoming Sporting Events**

#### Week 9

- Year 7-9 Girls Knockout Football Finals Adelaide | Thursday 21 September
- Open Boys and Girls Futsal Wulanda | Thursday 21 September

#### Week 10

- Year 7/8 Girls and Year 9/10 Boys Soccer State Finals Gepps Cross | Monday 18 September
- 11/12 Boys Soccer State Finals
   Adelaide | Tuesday 26 September

RUOK? Day















# God's Creation







These images were created on the Staff
Retreat Day during a prayer time about
God's Creation. We used paint markers
and coloured paper to draw images of
nature we connect with and inspires us
to look after the Earth.







Come and vote for the People's Choice Award

# Youth Retreat 2023

PENOLA - 14 OCTOBER 11.00AM - 5.30PM\*

St Joseph's Church and Mary MacKillop Memorial School PENOLA

Facilitators
Fr Peter & Fr Olek

Cost \$15 (snacks, lunch, drinks & notes)

\*drop off at 9.45am and pick up at 6.15pm from St Paul's Church carpark.



REGISTER NOW UNTIL 5 OCTOBER

Youth Ministry Coordinator youth@mtgcatholic.org.au

Games & activities
Reflections & prayers
Adoration & confession
Q&A panel
Vigil Mass

For children in Year 6 and above

