

# Weekly Newsletter

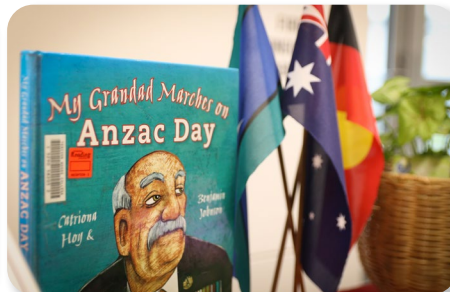


## Students Host Commemoration Ceremony

As part of the Year 3 History Curriculum students have been focusing on commemorations, namely ANZAC Day.

Last week the classes made poppy wreaths, medals and visited the War Memorial at the RSL. They also held a special Commemoration Service in the new MacKillop building, with special guest Rosie Forster's Pa who is a Vietnam Veteran.

The students showed exceptional participation and reverence throughout the day.



# From the Principal



## Timor Leste Immersion – Our Commitment to Social Justice

This weekend, 17 and 18 June, the Timor Leste Immersion groups will be holding a soup fundraiser following each Mass. We warmly encourage you to bring along \$3 for a cup or \$5 for a larger serve.

It is with great excitement that there are two immersions taking place this year; one in July and one in September. The students have been involved in a number of fundraising activities from cooking the BBQ at sports day, ushering at the Generation in Jazz concerts, Charity Ball and the upcoming Charity Day.

All money raised will be distributed to the communities that delegates will visit, such as the Bakhita Centre, the Dominican Orphanage and our sister school in Hatolia, San Francisco Xavier College. This year Bernadette Fisher and the delegation are also looking forward to a tour of Klibur Domin, a charitable home operated by the Ryder Cheshire foundation, which has strong links to Mount Gambier.

Through immersing themselves into the Timorese culture, students will embark on a transformative journey of learning and self-discovery. They will witness the resilience and determination of the communities they visit, gaining a deep understanding of their challenges, but at the same time their appreciation of their precious gift of life. It is hoped that this experience will foster empathy, compassion and an appreciation for cultural diversity and will inspire our students to strive for a more just and inclusive world.

### MacKillop Junior School Building

It is a delight to see students, teachers and parents make the MacKillop Junior School their school home, fitting it out gradually and intentionally. I am delighted that work has commenced on our nature play areas adjacent to the south eastern side of the building. I understand specialist equipment from Scandinavia will be delivered mid-June.

### Student Pulse Surveys – Student Wellbeing and Agency at the core of our Endeavours

During Week 5, 6 and 7 all students in South Australian Catholic schools are being asked to complete the CESA Pulse Check. This Check In has been designed to offer students an opportunity to provide information about how they are currently feeling about school and the information provided by students will give our school valuable feedback to help our school improve its care for our young.

I clarify that there were no right or wrong answers, but rather we were asking students how they are feeling about school - that is what we want to know about.

Significantly this survey is designed to help us help each student to become, as per the mission of Catholic Education South Australia, a thriving person, capable learner and leader for the world that God desires.

### Parish Planned Giving Rebate

I remind families that parents contributing to the Parish Planned Giving may claim a rebate from Tuition Fees of 50% of their contribution up to a maximum claim of \$750. Official Parish receipts are to be presented to the Finance Department after the 30 June 2013 for a deduction to be made.

### Every learner has a place to SHINE at Tenison Woods College

At Tenison Woods College we say that every learner has a place, every learner has a pathway and every learner will shine. That is our daily challenge and that is our daily celebration.

Our College approach to Catholic Education SA's commitment to Living, Learning and Leading, the ingredients of a full life, is expressed through our SHINE approach.

In essence we explicitly promote and foster a disposition for young people to develop their capabilities through enabling them to nurture their holistic wellbeing and resilience in the six pillars of PERMA + or PERMAH. These six pillars; positive emotions, engagement, relationships, meaning, achievement and health; develop robust levels of wellbeing.

Positive education involves applying these elements in an educational setting with a strength-based approach that offers individuals insights into themselves and others by exploring thoughts, feelings and values to unlock personal and academic potential.

So for our context at Tenison Woods College students who thrive or shine are nurtured in the following way to 'SHINE+'

This year's theme and commitment to "Growing our Gifts Together" speaks to us about how we deliberately engage with:

- The element of journey
- Competence
- Confidence
- Growth mindset
- Shining through our Strengths
- SHINE with SWAGGER (SKILLS, WORK ETHIC, ATTITUDE, GAME)

This theme "Growing our Gifts Together" is also an invitation to deliberately live the College's SHINE+; sharing our time, gifts, talents and leadership for this wonderful school family.

### Hosting Principals from the Association of Principals of Catholic Secondary Schools (APCSS)

I am delighted that next Wednesday 21 June, we will be hosting Principals from Catholic Secondary and Combined (Early Years to Year 12) Schools. Every second year the Principals meet in a regional location for their June Meeting. Principals will be hosted by the College for their monthly meeting, followed by a Mass, tour of the College and then a meal together.

### Refugee Week 2023 - Finding Freedom

Next week we celebrate National Refugee Week. To live without the fear of war, to have your basic human rights upheld, to live in equality and without the fear of persecution are just some of the examples of what freedom can entail. Every day millions of people across the world embark on dangerous journeys for the sole purpose of finding safety and freedom. From Australia to nations across the globe, settling into a new environment after experiencing the perils of a refugee's journey can also provide the opportunity to live, to love and to dream.

In 2023, we are encouraged to reflect on the journey of finding freedom, whether it be through a new home, a new career, finding love or friendships. Let us show compassion and celebrate the resilience that makes up parts of our wider community. For freedom should not be an ask, it should be a way of life.

### Need a tutor? Studiosity is our free online tutoring service

I remind families that students of Tenison Woods College in Years 7-12 have access to a free online tutoring service. Students are able to connect to expert tutors for live, one-to-one conversations about homework, assignments and exam preparation from 3:00pm – 10:00pm Monday to Friday. Give it a try – I know you will appreciate the service offered by Studiosity!

### CESA COVID-19 Approach

The most recent CESA COVID-19 procedures state the following:

- Schools should continue to emphasise that students, staff and site visitors who are showing COVID-19 symptoms should stay away from school until acute symptoms (runny nose, sore throat, cough and fever) have cleared.
- Staff are required to notify the school if they return a positive COVID-19 test.
- Families are recommended to notify the school/centre if their child returns a positive COVID-19 test.

God Bless,  
David Meziniec | Principal

**S** - successful

- Strive to be SUCCESSFUL
- Learn new things and be excellent
- Be brave and push out of your comfort zone
- Build a growth mindset and learn from mistakes

**H** - help

- HELP others to be their best
- Be prepared to offer your talents
- Find your passion through service
- Build community

**I** - involved

- Get INVOLVED
- Set your goals
- Know your strengths
- Get in the flow

**N** - name

- Known by NAME
- Show respect
- Get to know others
- Include everyone

**E** - emotions

- ENJOY Positive EMOTIONS
- Be present in the moment
- Appreciate the good things
- Be yourself

**+** - health

- Be HEALTHY
- Get to know your God
- Be active and exercise regularly
- Eat well and drink plenty of water
- Take time to recharge and get a good night's sleep







## Upcoming Key Dates

### WEEK 7

#### Thursday 15 June

- Year 10 Bushwalking Camp B, Grampians
- Year 11/12 Boys Soccer, Grant High School
- Year 7/8 Girls and Boys Basketball, Mount Barker

#### Friday 16 June

- Year 10 Bushwalking Camp B, Grampians
- Year 7-8 Girls and Boys Basketball, Mount Barker
- Year 11-12 Girls Soccer, Grant High School
- Years R-3 Assembly, MacKillop Junior School | 2:40pm
- Years 4-6 Assembly, MacKillop Junior School | 2:05pm

#### Saturday 17 June

- Sacrament Family Session 2, St Paul's Hall

### WEEK 8

#### Monday 19 June

- ELCC Reception Transition

#### Tuesday 20 June

- ELCC Reception Transition

#### Wednesday 21 June

- SAPSASA Hockey Carnival, Adelaide
- ELCC Reception Transition
- Year 7/8 Soccer

#### Thursday 22 June

- **Charity Day - Casual Day**, gold coin donation
- Whole School Mass, Barrie Holmes Stadium | 9:00am
- SAPSASA Hockey Carnival, Adelaide

#### Friday 23 June

- SAPSASA Hockey Carnival, Adelaide



## Year 5 & 6 'Talk Money' Program

Last week, our Year 5 and 6 students participated in the engaging financial literacy sessions 'Talk Money', ran by the Ecstra Foundation.

The students were engaged as they learnt about the importance of saving and managing their spending. A key piece of the workshop was dedicated to the decision making process and identifying needs verses wants.

We hope the workshop was insightful and resonated with the students. Our thanks must go to the Ecstra Foundation for facilitating the session.



## OSHC Student Free Days

Last Thursday and Friday, the school yards fell quiet as students enjoyed Student Free Days and our College staff underwent two Professional Development days.

While the yards were quiet there was certainly a lot of excitement and energy coming from the College's OSHC room.

The students participated in a variety of activities, one of which required them to use their imagination and creative skills to create toys out of cardboard and paper.

There were some great creations during this activity.

“Musical training (instrumental and non-instrumental) involves learning how to evaluate and comprehend the emotions behind music and lyrics, which may promote interactions between brain regions related to the processing of emotion-related information.”

Fruhholz, S., Trost, W., & Grandjean, D. (2014). The role of the medial temporal limbic system in processing emotions in voice and music. *Progress in Neurobiology*.



## The Intricate Connection Between Music and Emotions!

Have you ever experienced that moment when you hear a piece of music and are immediately transported to a particular memory or feeling?

The intricate connection between music and emotions holds such a profound significance in our lives and it is musical training that helps us to understand this connection.

Through musical training (whether it be on an instrument or voice) students can learn how to evaluate and articulate the emotions behind what they are hearing. This in turn will help them connect and put words to what they personally feel as well as it promotes the interaction between brain regions.

Think of the calm you feel when you can put words to how you feel. What a powerful tool music has the capability of being.

**Sarah Raymond and Tameka Nube** | Music Teachers





## Sunita Gloster Receives Order of Australia

2021 Shining Light recipient and old scholar Sunita Gloster has been appointed to the Order of Australia (AM) in this year's King's Birthday Honours.

Sunita Gloster is honoured with the AM for "significant service to the media and marketing industry, and to gender equality".

Congratulations Sunita!

To read the full article please [click here](#).



## Year 9 Students Shine in Chinese Quiz Bowl

On Friday 2 June, four Year 9 Chinese students participated in the Chinese Quiz Bowl Chinese Culture Knowledge Competition.

With adequate preparation and a banquet of pizzas before the competition, the four girls shone brightly and enjoyed the fierce competition against 94 other students from across South Australia.

All of the students performed exceptionally well with Cadence finishing in 2nd place, Cherry in 3rd place, Bonny in 8th place and Hansika in 12th place.

Their sportswomanship throughout the night was remarkable, as they stated "What really matters is it is a night of great learning experience! We came, we saw and we conquered!"

Congratulations to all!

**Lester Chen** | Languages Teacher

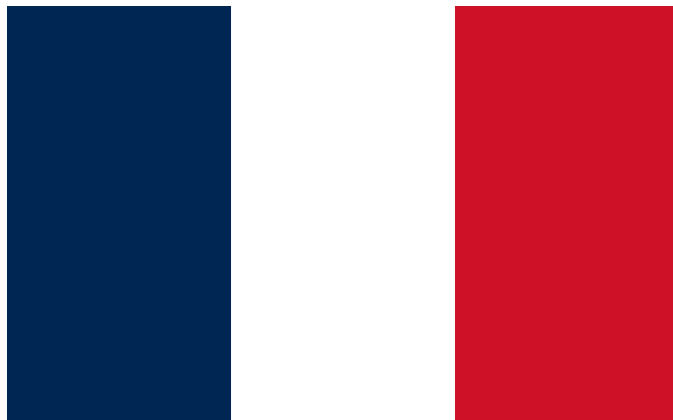


## Year 8 Future Thinking Chemistry

Students in Year 8 Future Thinking have been exploring elements, compounds and mixtures at a molecular level.

They have enjoyed a variety of hands on activities to help them visualise the atomic structure of atoms and compounds. The students have collaborated to creating models to represent compounds, molecules and mixtures.

**Yvette Sims** | Teacher



## Are you interesting in hosting a short term Student from France?

Students of the World are looking for families to host French short term exchange students. There are 5 boys aged between 16 and 17 years old that are currently looking for housing for between 6 to 7 weeks from early July until 9 September.

If this is something you may be interested in please contact Kerry Todd from Students of the World on 0458 745 932.



# Community Noticeboard



See the Community Noticeboard for posters and notices of upcoming events within our College, and wider community. Click [here](#) to view this page.



## Lions Mad Minute

The Lions Mad Minute is a structured impromptu public speaking competition for students in mixed level & Year 5 classes in state and public schools, and its development has been led by the Lions Club of Mount Gambier.

The main purpose of the competition is to expose students to the benefits of Public Speaking.

Tenison Woods College Mad Minute competition was held this week with all students doing a wonderful job of speaking about a topic for one minute in front of an audience. Through participation in this competition students gain experience and confidence in the skills of speaking in front of others, developing and expressing their opinions, and practicing creative and spontaneous thinking.

Students are rewarded for participation in the school based competition through a variety of awards and incentives in addition to the personal outcomes above.

Award winners include:

5A	5B	5C
<b>1st</b> Luke Olivier	<b>1st</b> Caitlin Barry	<b>1st</b> Tyler Paterson
<b>2nd</b> Archie Marlow	<b>2nd</b> Ruby Lamb	<b>2nd</b> Saxon Gabrielli
<b>3rd</b> Oscar Benjamin	<b>3rd</b> Luke Neumann	<b>3rd</b> Anna

### Notable mentions

- Rowan Patzel
- Chase Noonan
- Tilly Lynn
- Stellah Beveridge
- Sophie Halloran

### Notable mentions

- Harry Leese
- Sully
- Tyelan Dennis
- Banks Stephen
- Filumena Ochudzawa
- William Badenoch

### Notable mentions

- Liam Salmon
- Levi Hunter
- Taya Creek
- Stella Jones



## ELCC and Year 11 Liturgy

The ELCC kindergarten children and Year 11 students recently came together at the Chapel to celebrate Reconciliation Week, singing songs and thanking the Boandik people as the traditional custodians of the land.

**Angela Cutting** | Assistant Director of Early Learning



## Digital Creative Arts Student given Inspirational Talk

Old Scholar Mercedes Scott is currently in her 3rd year of a Bachelor of Creative Arts - Visual Effects and Entertainment Design at Flinders University and CDW Animation Studios. Mercedes visited students in Yunita Manfrin's Year 10 and Year 11/12 Creative Arts classes.

Mercedes spoke of her experiences at University, the link between her learnings whilst at Tenison Woods College and how she has applied this to her studies, as well as showcasing her recent designs and new skills. She highlighted the importance of a strong folio of work and was able to demonstrate the similarities between the work completed at school and the requirements of the University. She is now considering her employment options including approaching companies in Los Angeles to specialise in Indie style characters for games.

Students were also lucky enough to see a project from start to finish with all the processes involved including creating a brief and timeline, conceptual development, inspiration and resource images and pitch development. They were also able to see her create a mock up live in Z Brush from a pencil sketch.

**Yunita Manfrin** | Digital Creative Arts/ Design Teacher Year 7-12



## Old Scholars Receive Marcellin Medallions

Tenison Woods College would like to congratulate the following Old Scholars who recently received Marcellin Medallions at Aquinas College in Adelaide.

- Joshua Cornolo - Cathrine House
- Emily Dawe - Marian House
- Lily Engel - Roche House
- Ethan Sims - Marcellin House
- Jordan Stephens - Finn House
- Jess Tresidder - Gleeson House

The award recipients were selected for how they personified in an outstanding way some of the qualities espoused by St Marcellin, founder of the Marists, such as simplicity, humility and modesty.

Marcellin wanted Marists to strive to be people who are genuine and grounded, and who do good quietly and sensitively.

This is a fantastic achievement and a wonderful tribute to our Marist charism, with Marcellin Champagnat being one of our 4 Founders.



# Timor Leste Soup Fundraiser

At the  
Mount Gambier Catholic Parish,  
following the masses below:

Saturday 17 June, 6:00PM  
Sunday 18 June, 11:00AM

Cup  
\$3  
Container  
\$5



## Timor Leste Immersion and Soup Fundraiser

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**SCHOLASTIC**



## Scholastic Book Club Now Available

Scholastic Book Club Issue 4 is out now. Purchases need to be placed through the 'LOOP' online ordering platform only.

LOOP is the easiest way for you to order and pay online for your child's book club order and the books will be delivered to their class. You can place your child's order at [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) or using the LOOP app, which can be downloaded from the App Store or Google Play. Just follow the prompts to create a new account if it is your first-time ordering (only one account per family is required).

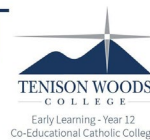
We will no longer be accepting cash payments for book club. All orders for Issue 4 need to be in by Friday 23 June, Week 8.

Jessica Lucas | Library Assistant



WEDNESDAY 14 JUNE 2023 | WEEK 7, TERM 2

# EMPLOYMENT Opportunities



LET YOUR *light* SHINE

## Employment Opportunities

Tenison Woods College is a dynamic Early Years to Year 12 Catholic co-educational College with over 1400 students. The College is situated in picturesque grounds on the outskirts of Mount Gambier, SA.

We are seeking:

- Early Learning & Community Centre (ELCC) Certificate III Qualified Educator
- Early Learning & Community Centre (ELCC) Diploma Qualified Educator
- Laboratory Assistant Education Support Officer (ESO)
- Public Relations, Marketing and Events Officer
- Senior School Administration

Applications close 4:00pm Monday, 19 June 2023

For further information and Position Information Documents, please visit:  
<http://www.tenison.catholic.edu.au/our-college/employment>



## Weekly Uniform Focus

### PE Uniform

Reception to Year 9 students can wear their PE uniform on the day of their timetabled PE lessons and Year 10 students can wear their uniform on their EIF day

Sports polo top with House colour stripe  
Tenison Woods College monogrammed navy PE shorts  
Tenison Woods College monogrammed navy PE track pants (two options available in Junior School & new track pant option starting from a size S)  
Plain white 'crew' sport socks  
Sports shoes/sneakers

Tania Sigley | Director of Wellbeing



## Tenison Woods College Umbrellas Now On Sale

Limited stock available at the Front Office for only \$35 each. Grab yours today!

# From the Sports Department



## Students are Victorious at Netball SA Country Championships

On Saturday 10 and Sunday 11 June, Tenison Woods College students represented the Western Border Netball Association at the Netball South Australia Country Championships, across two teams.

Students who were in the Championship team: Olive Thorne, Lucy Crowe, Lola Ferguson, Audrey Galambos. The Championship team won 8 of their 9 games, with one draw against Great Flinders Netball Association. The girls entered the finals looking strong and won their quarter and semi-finals games convincingly. After a great grand final game the Western Border girls defeated North Eastern Netball Association, 18 to 28, to claim the title of State Champions. Congratulations to the girls on a fantastic achievement!

The development team also had a great carnival, with students Claire Hunter, Zara Cole, Scarlett Zalme, Lacey Hunter, Scarlett Ryan and Amber Ferrari members of this team. These girls made the Semi-Finals playing Southern Hills Netball Association, and unfortunately lost their game 22-12.

*Pictured above:*

*Back L-R: Claire Hunter, Zara Cole, Scarlett Zalme, Lola Ferguson, Olive Thorne  
Front L-R: Lacey Hunter, Lucy Crowe, Scarlett Ryan, Amber Ferrari, Audrey Galambos*



## Auskick Is In Full Swing!

Every Thursday afternoon, an enthusiastic bunch of Reception and Year 1 students learn all types of footy skills like hand-balling, kicking and marking.

We thank Chelsea Rogers, Molly Opperman, Harvey Tucker, Riley Turnbull, Chris Raymond plus volunteer students and parents who assist to run these sessions.

## Upcoming Sports Events

There is plenty of Knockout events occurring this term, below are the events locked in the calendar for Term 2:

### WEEK 7

**11/12 Boys Knockout Soccer** – Thursday 15 June  
Played at Grant High School; coached by Scott Dickson

**11/12 Girls Knockout Soccer** – Friday 16 June  
Played at Grant High School; coached by Barb Metzger

**7/8 Boys and Girls Knockout Basketball** - Friday 16 June  
Played at St Francis de Sales, Mount Barker; coached by Kym Hammond and Sarah Nulty

### WEEK 8

**7/8 Boys Knockout Soccer** – Wednesday 21 June  
Played at Tenison Woods College; coached by David Cole

**Nominations are also currently open for 11-12 Boys Knockout Football, 11-12 Girls and Boys Knockout Basketball, 7/8 Boys Knockout Football and 7-9 Girls Knockout Football** which are occurring later in the term or early next term. Students are reminded to keep looking on SEQTA and e-mails for any updates on sports trials and how to nominate.

With many sports happening umpires or volunteers are always required, if you would like to volunteer please email [hickb@tenison.catholic.edu.au](mailto:hickb@tenison.catholic.edu.au).

**Brooke Hicks** | 7-12 Sports Coordinator



## Students Explore Careers in Sport at Limestone Coast Expo

Today 21 students from across the senior years attended the Limestone Coast Sport Careers Expo at the Wulanda Recreation Centre. Senior students interested in sport as a career including students from our year 10 Sports Journalism class.

Old scholars Sam Elliott and Damien Raidis from Finders University conducted the four practical sessions that included GPS Tracking, sports psychology using IVUE technology, team performance technology using HUDL as well as an introduction to heart rate monitoring in small sided games.

The students thoroughly enjoyed their day and would like to thank Jody Elliott for coordinating the experience.

For further information regarding this event please listen to this week's edition of SHINEFM.



# Auskick In Full Swing





# TODDLER TIME



EVERY WEDNESDAY DURING SCHOOL TERMS  
FAMILIES WELCOME ANYTIME BETWEEN  
8.45AM - 11.45AM

*Parents, carers and toddlers are welcome to attend the Early Learning and Community Centre each Wednesday to explore and play.*

We look forward to  
seeing you there!

\$20 PER TERM OR GOLD COIN DONATION PER VISIT  
NO BOOKINGS REQUIRED, JUST SIGN IN ON ARRIVAL!