

# Weekly Newsletter



## Celebrating Shrove Tuesday!





## From the Principal

### Lenten Season and Project Compassion – For All Future Generations

Yesterday we celebrated Shrove Tuesday with our pancake fundraising day, whilst the Ash Wednesday liturgy marked the start of Lent; the season in which we prepare for Easter.

Fundraising throughout the six weeks of Lent will contribute to Caritas Australia's Project Compassion Campaign. This Lent Caritas Australia calls us to support Project Compassion under the theme of For All Future Generations.

Supporting Project Compassion is a way we can proclaim the faith that is in our hearts and help our brothers and sisters in need. During Lent, we are invited to take up the call to fast, pray and give alms - in solidarity as a global community. As such, our commitment to marginalised people is a direct response to the Christian call to 'act justly, love mercifully, and walk humbly with our God.'

### Wellbeing Initiative - Classroom Pulse 'Check-In'

As in past years, each term this year during Week 5 and 6 every student in a Catholic School in South Australia will participate in a simple online Classroom Pulse Check-In. This Check-In has been developed to ascertain how students are currently feeling about their experience in school. It is tailored to allow your child's teacher(s) to Check-In and provide immediate feedback and support to them. The Check-In will be carried out during the school day.

I am conscious that life in school has its ups and downs, but I am also confident that your child's teachers want to understand how they are feeling so they are able to support you and your child in meeting any social, emotional, or learning needs that they may have.

To enable this, your child's teacher and I will have access to their responses to facilitate follow up and support as required. Please be assured, as your child's prime caregiver that any support required will be communicated and discussed with you in advance.

There are a range of simple questions about your child's life at school, their identity as a person and a learner, their sense of belonging, safety, and friendships. A sample of the Check-in can be found [here](#).

In addition to supporting your child, de-identified data from all participating schools will be used by Catholic Education SA to identify trends to assist in future planning for the support of the learning and wellbeing for students across South Australia.

Catholic Education SA believes that our role is to help every child to be a thriving person, capable learner and a leader for the world God desires. We believe this Check-In will play an important part in supporting that goal and your child. Please do not hesitate to contact me if you require any further clarification.

### Athletics Carnivals – Excellence, Fun and Community Spirit

We look forward to the inaugural R-6 Sports Day on Friday 4 March. Furthermore, the following events are great sporting celebrations as well as community building events:

7-12 Athletics Carnival	Friday 18 March
SE Interschool Athletics Carnival (Mount Gambier High School)	Wednesday 23 March

As we navigate COVID-19 challenges I extend a very warm welcome to parents, carers and family members to attend these carnivals to witness the athletics endeavours and also meet other families who are part of the College community. Catering will be provided for all the carnivals, so come to the College for a long lunch break from work commitments, enjoy the athletics and have a bite to eat at the same time.

### Board Annual General Meeting – Wednesday 30 March, 7:30pm

I remind parents and caregivers of the Annual General Meeting of the Tenison Woods College Board, which will be held Wednesday 30 March at 7:30pm via livestream. Nominations are sought for people interested in serving on the Board this year. The associated correspondence can be found [here](#).

### COVID-19 and HHDL - Settings for Week 5-8

I would like to thank the school community for all the collaborative effort in mitigating against COVID-19. I am delighted with the staff team work, student cooperation and parent support.

So far this term we have had 90 cases of COVID-19 reported to us and requiring student and staff isolation. That has also necessitated several staff deliberately monitoring their health through the RAT testing to stay approach. We have notified classes of cases and ceased notifications in relation to individual cases in a class where there already exists a case. We have and will continue to notify classes where a significant sudden increase is reported in a class, so that parents have a good sense of the trends within the classes that students attend.

### I remind families in relation to the settings for Weeks 5-8:

- Face masks for adults
- Ventilation
- Minimising use of staff rooms
- Camps not allowed (exception below)
- Management of close contacts in schools (and test to stay for classroom contacts)
- Staff meetings online
- No events involving parents or visitors to be held indoors (schools tours exception below)
- Indoor school events to continue on a class-by-class basis

### Activities that may resume from Week 5

- Interschool sports
- Extra-curricular activities which occur indoors including but not limited to choir, band, instrumental lessons (with external tutors allowed on site)
- SACE required camps
- Day excursions and incursions (held outdoors where possible but may proceed indoors also)
- Outdoor year level and whole school assemblies and masses
- Parents and visitors attending outdoor events – including but not limited to sports days, weekend sport, and other events such as school assemblies and masses and Rite Journey calling ceremonies
- Prospective parent tours and prospective parent information nights even where this involves indoor components
- Staff Professional Development in small groups where this cannot affectively be conducted online
- Volunteers may attend school sites as required by the school
- Polling stations may be hosted by schools for the State Election as the Electoral Commission has in place COVID safe protocols

We continue to accentuate HHDL (Health, Hygiene, Distance, Learning) as our approach to keeping the community safe, accentuating particularly

- the wearing of masks
- natural ventilation
- minimising movement and visitors within the school
- maintaining Subschool delineation as much as is possible to minimise the risk of COVID-19 transmission across the College community

To this end we ask that parents try to minimise their entry to the College as much as their child's wellbeing (not the parent's) will allow.

### Masks on Buses

We reiterate to families the expectation that Year 7-12 students wear protective masks on buses. Younger children are encouraged to wear masks to offer optimum protection in the confined bus space.

### Caring for One Another – Road Safety in PRC Carpark and Marist Park Area

I remind the community that the carpark adjacent to the Pam Ronan Centre is a senior student carpark and not a kiss and drop zone. Kiss and drop zones are on the driveways running alongside the PRC off White Avenue and in front of the Front Office area off Shepherdson Road. Adherence to this approach will protect the safety of our young and avoid any unfortunate accidents.

I also remind families of the importance to monitor their actions in the Marist Park area, which can be quite hazardous given the terrain and the less organised parking approach given the nature of the property. Please keep an eye out for one another as we enter and leave Marist Park.

### Need a tutor? Studiosity is our free online tutoring service

I remind families that students of Tenison Woods College in Years 7-12 have access to a free online tutoring service. Students are able to connect to expert tutors for live, one-to-one conversations about homework, assignments and exam preparation from 3:00pm – 10:00pm Monday to Friday.

Give it a try – I know you will appreciate the service offered by Studiosity!

God Bless,  
**David Meziniec** | Principal



# CIM Team News



## Shrove Tuesday and Ash Wednesday mark the beginning of Lent

We prepare for the season of Lent, beginning today on Ash Wednesday, we first celebrate Shrove Tuesday or Pancake Day as it is commonly known. On Tuesday 1 March, over 1000 pancakes were cooked and served to our College community with the money raised being donated to Project Compassion. Traditionally, people have used Shrove Tuesday to consume all of the luxury food items in their house in readiness to fast and to live simply during Lent. A special thanks goes to the Hospitality students and the team at the Sugarloaf Cafe for preparing the pancake mix (a recipe handed down to Jenny Vanikiotis from her father). We also thank the CIM Team; Mr Edwards, Mrs Robinson, Miss Gasparini and their Year 7, 8 and 9 classes as well as our Year 12 students for cooking the pancakes. Thank you also to the Year 6, 9 and 12 student leaders for assisting in serving the R-7 classes and the College community at recess time.

Today we marked the beginning of Lent, with a whole school online Ash Wednesday liturgy, led by Deacon Olek, for all students from Early Learning to Year 12. Due to current restrictions, all staff and students were marked with the sign of the cross as an outward sign of the inward changes we try to make as we journey towards Easter. Ash Wednesday is a time when we stop and assess how we're doing in our walk with God. Lent helps us identify spiritual areas in which we can grow, and sinful areas that we need to avoid. To repent, means to turn away from sin and turn toward God. We acknowledge that we all have things we can do during Lent to grow closer to God through the Lenten themes of prayer, giving to others and going without things we may not need.

### Project Compassion – "A Future for All Generations"

During Lent, students will be involved in fundraising for 'Project Compassion', which is run by Caritas Australia. Each week during Lent there will be themes and stories of people who have had their lives changed by the money that has been raised through this Lenten fundraiser in previous years. Each family will receive a Project Compassion box and we encourage everyone to make donations into the box during Lent and then return it to the College by the end of the term. For families who may not receive a Project Compassion box and would like one, please collect them from either the Front Office, the PRC Office or through your child's class teacher.

### Deacons Olek Stirrat and Anthony Beltrame's ordination

The excitement is certainly building here in the College community as we eagerly wait in anticipation for the ordination of Deacons Olek and Anthony on Saturday 12 March at St Francis Xavier Cathedral, Adelaide. Both young men have left a lasting impression on the young people in our South East community through their ministry in both our parish and College communities. We keep Olek and Anthony in our prayers as they begin their final preparations towards the priesthood. We farewelled Deacon Olek after our Ash Wednesday liturgy this morning and we look forward to welcoming Fr Olek back to our College community in a couple of weeks and to celebrate this significant event with him.

### Sacramental Preparation Program

This year, we are excited to work with 23 young people from our parish and school communities in preparing to receive the sacraments of Reconciliation, Confirmation, and their first Holy Communion. A reminder that families involved in the program must attend the first session TOMORROW, Thursday 3 March, at either 4:30-5:45pm or 6:45-8:00pm in the Gathering Space at St Paul's Church.

### Whole School Mass

The Beginning of Year Whole School Mass will be held at Marist Park next Thursday 10 March at 9:00am. All parents and friends are welcome to attend. Please BYO chair and hat. Due to current COVID restrictions, masks must be worn.

### Term 1 Masses in the College Chapel

Masses will not resume in the Chapel on a Thursday morning until Week 9 on advice from SA Health and CESA. Until further notice, due to current COVID restrictions, only staff members and students of the College are permitted to attend.



### World Day of Prayer and Fasting for Peace in Ukraine

In light of the recent events unfolding before us in Ukraine, Pope Francis has called for today, Ash Wednesday, to be the World Day of Prayer and Fasting for Ukraine. At his recent General Assembly, Pope Francis encouraged "believers in a special way to dedicate themselves intensely to prayer and fasting on that day. May the Queen of Peace preserve the world from the madness of war."

Archbishop Patrick O'Regan encourages us to be actively involved in a number of ways:

- Pray: Continued prayer for peace in the region
- Be Informed: Inform yourself about the situation so you can converse with others. We should not look away.
- Support: Support humanitarian efforts in the region, including the work of Caritas.

Here at Tenison Woods College, we have allowed all students and staff the opportunity to spend time in prayer and to light a candle in our College chapel. Our 2022 Mission Leaders Keeva and Sarah organised ribbons in blue and yellow, the colours of the Ukraine flag, to be placed in trees lining the mall, where all members of our College community were invited to write a prayer and hang it from the tree to show we stand in solidarity with the people of Ukraine.

Sunflowers are the native flower of Ukraine and sunflowers from the College garden have been placed in offices across the school as another way we show our support.



### Prayer for Peace and Justice in Ukraine

God of peace and justice,  
who change the hardened heart  
and break the power of violence,  
we entrust the people of Ukraine to you.

Protect them in this time of peril;  
let them know not death but life,  
not slavery but freedom.

You are Father of all;  
we are brothers and sisters.

Give us the strength  
to live that truth in love,  
choosing peace not war.

Through Christ our Lord,  
Amen.

Chloe Shanahan | Religious Education Coordinator



See notices of upcoming events within our College, and wider community. Please click [here](#) to view this page.



# Leader's Latest



Hello everyone! Our names are Ariella and Sari, your wellbeing leaders for 2022.

This year has kicked off to a great start and we are very excited to continue this energy throughout the year. We have so many fun ideas we can't wait to share with you all in the upcoming months. We hope you have enjoyed the start of the year so far.

To welcome back all students for face-to-face learning we organised some special welcome back/Valentine's Day celebrations and decorations around the school. As your wellbeing leaders we wanted to make coming back to school special as we know it can be stressful, exciting, and nerve-racking all at the same time. At each end of the school, we made welcome back signs, which were decorated by the Year 12 leadership team!

For Valentine's Day this year we intended to combine love and gratitude throughout the school. We wanted our Valentine's Day to not only be about romantic relationships, but to celebrate love in all aspects in life. To create this, we put words of affirmation and encouragement on the bathroom mirrors around the school. This aimed to show how others see you, when you looked into the mirror your eyes were met with positive thoughts. We hoped these thoughts would be with you for the rest of your day. We also put together gratitude boxes around the school, these boxes were a collaborative piece decorated by the year 12 cohort. In these boxes we encouraged staff and students to write down anything that brings them happiness or joy and place it in the box. These notes will later be put together and displayed in a communal space to spread positive energy throughout the school community.

We hope you have enjoyed our work so far and can't wait to share many more ideas and events soon!!

Enjoy the rest of the week!

**Ariella Holland and Sari Mutton** | 2022 Wellbeing Leaders



## Key Dates

### Thursday 3 March

2021 Dux and Academic Awards Ceremony, 9:00am - 10:30am via livestream  
Year 7B Civics & Citizenships Excursion, 1:30pm - 3:00pm  
Sacramento Family Session A, 4:30pm - 5:45pm  
Sacramento Family Session A, 6:45pm - 8:00pm

### Friday 4 March

Reception - Year 6 Sports Day, 8:30am - 3:15pm

### Saturday 5 March

Working Bee, 8:00am - 12:00pm



## Working Bee - This Saturday Be the One!

We invite parents to our Pop-Up Working Bee Work Out Circuit under the Guidance of our College Grounds Team Trainers Justin, Andy, Nick and Sunny.

### Saturday 5 March 2022

8:00am - 12:00pm

Within half an hour they will give your abs and calves the best possible work out - free!

During the Working Bee Circuit, we are particularly looking to finalise the swale wetlands planting at the front of the school, barking, sand pit replenishing, and planting for the ELCC, Reception, Junior School and Middle School areas. We will also give our zones in Marist Park a good clean up.

We'd love as much help as you can offer - any time you could spare would be appreciated. Please bring any gardening equipment you think could be of use: gloves, shovel, rakes, wheelbarrow, even your ute. The working bee will commence at 8:00am.

Morning tea and refreshments will be supplied with a BBQ available from 10:00am. For those able to assist on the day we ask that you please complete this online form [here](#).

For further information, contact the College on (08) 8725 5455 or email [dunnd@tenison.catholic.edu.au](mailto:dunnd@tenison.catholic.edu.au)







## Volunteering at Tenison Woods College

Many of our parents and guardians volunteer at our school to support child's learning.

There are many ways parents can volunteer at the school

- Canteen
- Assisting on excursions/school camps
- Coaching sports or other extra-curricular activities
- Reading or learning support.
- Membership of the school board
- Working bees
- Stephanie Alexander Kitchen Garden
- Parents and guardians that wish to volunteer their time are asked to complete the attached volunteer information booklet, available [here](#).

You must have a working with children police check and the booklet must be renewed each year. The booklet and further information is available on our website [here](#).



## Cans for Vinnies!

Last Friday, 25 February we hosted our 'Staff Casuals and Cans for Vinnies' Day.

Vinnies are presently in dire need of cans for their Welfare Room. After a busy time over the holidays with clients, they are very short of stock and are having to purchase many items for the hampers that are given each week to people in need.

College staff were invited to dress in casual attire for the day and bring a food can (or two) to donate. It was great to see the collection boxes in offices across the College filled up, as well as the students that brought food cans to donate! Well done to all students and staff for making it such a successful day of fundraising for those in need; we're incredibly proud of our College Community.



## High-Performance Students Ace Fitness Testing

During their recent High-Performance Sports Program lessons, Year 9 & 10 students completed fitness testing.

They began with the aerobic endurance 'Yo-Yo' fitness test, which involves running between markers placed 20 metres apart, at increasing speeds until exhaustion. They then completed a range of other tests such as the agility test, vertical jump, short sprints and a range of sport specific testing.



## Toddler Time!

Wednesday 9 March, our Early Learning and Community Centre will be holding 'Toddler Time' playgroup. Toddler Time will be held every Wednesday during the Term.

For further information, contact the College on (08) 8725 5455 or email [dunnd@tenison.catholic.edu.au](mailto:dunnd@tenison.catholic.edu.au).



## Week 5 Shine FM Podcast - R - 6 Sports Day!

Tune in to our Week 5 edition of the SHINE FM Podcast, for an overview of our R-6 Sports Day! Hosted by R-6 Sports Coordinator Tina Opperman and Head of Junior School, Francesca Dickson. Listen [here](#).



# Exciting Learning Opportunities at Tenison Woods College

**We are thrilled to release the plans of our new Years 1-6 Junior School currently being built ready for 2023!**

The two-storey state of the art facility will be occupied by students in Years 1 to 6 from the beginning of the 2023 school year and will feature 24 general learning studios, allowing for planned growth within the Junior School.

The contemporary building will see two specially designed creative STEAM (Science, Technology, Engineering, Arts, Mathematics) Maker Spaces on each level.

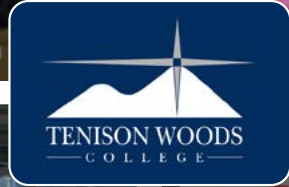
The facility also features breakout areas, teacher preparation spaces, meeting rooms, amenities and outdoor nature play spaces.  
The build will complete the MacKillop Junior School Learning Community which encompasses Reception – Year 6.

The project is being managed by Edge Architects and Mossop Construction and Interiors, who were also responsible for the construction of the recently completed Reception building.





# 2023 Year 7 Middle School Information Evening - **Millicent**



Thursday 17 March  
2022, 7:15pm.

St. Anthony's Catholic  
Primary School, Millicent

We invite all prospective 2023 Year 7 students and families to join us at St. Anthony's Catholic Primary School. Meet the Head of Middle School, Mr. Nick Patzel, as well as hear from current students attending the College and see for yourself what our College has to offer.

At Tenison Woods College, every learner has a place, every learner has a pathway and every learner will shine. This is supported by our new curriculum opportunities, in our newly developed Middle School, the Gilap Wanga Learning Community.



BUSES RUNNING DAILY FROM  
SOUTHEND, MILLICENT & SURROUNDS

TENISON WOODS COLLEGE Mount Gambier | Early Learning - Year 12 Co-Educational Catholic College  
Corner of Shepherdson Road & White Avenue, Mount Gambier | P: (08) 8725 5455 | E: [info@tenison.catholic.edu.au](mailto:info@tenison.catholic.edu.au) | [www.tenison.catholic.edu.au](http://www.tenison.catholic.edu.au)

## Wednesday 30 March, 5:30pm for a 5:45pm start

Our 2022 Twilight Tour is open to all prospective families, with two tour options available:  
**Junior School Focus | Middle/Senior School Focus**

We ask that you please register your attendance via our website or Facebook page or via this link:  
[tenison.catholic.edu.au/enrolment/twilight-tour](http://tenison.catholic.edu.au/enrolment/twilight-tour)



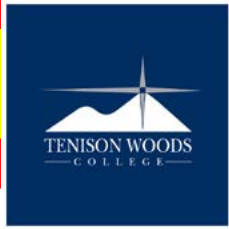
# TWILIGHT TOUR

LET  
YOUR  
*light*  
SHINE

Early Learning - Year 12 Co-Educational Catholic College  
Corner of Shepherdson Road & White Avenue, Mount Gambier  
t: (08) 8725 5455 | e: [info@tenison.catholic.edu.au](mailto:info@tenison.catholic.edu.au) | w: [www.tenison.catholic.edu.au](http://www.tenison.catholic.edu.au)  
f [tenisonwoodscollegemountgambier](https://www.facebook.com/tenisonwoodscollegemountgambier) i [tenisonwoodscollege](https://www.instagram.com/tenisonwoodscollege)



RAISING  
HEARTS  
AND  
MINDS



LET  
YOUR  
*light*  
SHINE

2022

# R-6 SPORTS DAY

**FRIDAY 4 MARCH @ MARIST PARK 8:30AM-3:10PM**

Year 1-6 Students to meet at Marist Park (Find class teacher)  
Reception Students to meet in their Classrooms

- 3-6 YEAR LEVEL CHAMPIONS (BOY AND GIRL)
- HOUSE CUP

**OPENED BY DAVID MEZINEC  
PRAYER BY FR. PETER**

**R-2 FUN TEAM EVENTS**

**TRACK EVENTS FOR YEARS 3-6**

- SHOTPUT
- DISCUS
- LONG JUMP
- RUNNING EVENTS  
(100M, 200M)
- HIGH JUMP YEAR 6 ONLY
- HURDLES

For enquiries, please contact Tina Opperman  
[oppet@tenison.catholic.edu.au](mailto:oppet@tenison.catholic.edu.au)



**PARENTS/CARERS  
WELCOME, WE  
ENCOURAGE YOU TO  
WEAR A MASK AND  
CHECK-IN / SANITISE.**

**LUNCH 1:30-1:50PM.  
CATERING AVAILABLE  
BY SUGARLOAF CAFE.  
CASH PREFERRED  
(EFT AVAILABLE)**



# Lunch Clubs!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Star Wars Club</b> Mr Lock Room JS6	<b>Walking Club</b> Mr Agnew Meet in the Mall!	<b>Chess Club</b> Mr Mustey Library Year 3-6	<b>STEM</b> Miss Edwards Maker's Space	<b>Sing-along</b> Mrs Telford Chapel
<b>Colouring/Paper Craft</b> Library	<b>Construction Club</b> Mrs Prosperi-Porta Maker's Space	<b>Reading Club</b> Mrs Bradley Room TR13	<b>Godly Play</b> Mrs Telford Chapel	<b>Dance Club</b> Ms Kolhoffer MPR
<b>Bluey Club</b> Mrs Jeffrey Maker's Space	<b>Puzzle Club</b> Library	<b>Science Club</b> Amy Turnbull Maker's Space	<b>Garden Club</b> Mrs Jeffrey Reception Playground	<b>Colouring/Paper Craft</b> Library

Join in the fun at one of our clubs!



Location: Maker's Room in The Reception MacKillop Centre

Week 5 - Reception

Week 6 - Year 1

Week 7 - Year 2

Week 8 - Year 3

Week 9 - Year 4

Week 10 - Year 5

Week 11 - Year 6

Wednesday Lunch with Amy!

