

Weekly Newsletter

WEDNESDAY 17 JUNE 2020 | WEEK 8, TERM 2

Founders Week Celebrations



Kiersten Cole and Aysia Robinson



Ruben Fleetwood

Last week the College celebrated and acknowledged Founders Week.

Each House had a day dedicated to their Founder with activities, organised by the House Leaders, held at lunchtime for all students to participate in.

Some of the activities were soccer matches, table tennis games and Kahoot quizzes about the Founders.



Louis Prospero-Porta and Andy Guan



Riley Chapman

From The Principal

Refugee Week 2020 – 14 to 20 June - Celebrating the Year of Welcome Online

We celebrate Refugee Week this week, culminating with World Refugee Day, on 20 June. This is a dedicated opportunity to raise awareness about the issues affecting refugees and celebrate the positive contributions made by refugees to Australian society and our school community.

Refugee Week provides a platform where positive images of refugees can be promoted in order to create a culture of welcome throughout the country. The ultimate aim of the week is to create better understanding between different communities and to encourage successful integration, enabling refugees to live in safety and to continue making a valuable contribution to Australia.

The aim of Refugee Week is:

- To educate the Australian public about who refugees are and why they have come to Australia;
- To help people understand the many challenges refugees face coming to Australia;
- To celebrate the contribution refugees make to our community;
- To focus on how the community can provide a safe and welcoming environment for refugees;
- For community groups and individuals to do something positive for refugees, asylum seekers and displaced people, within Australia but also around the world;
 - For service providers to reflect on whether they are providing the best possible services to refugees.

Refugee Week is a unique opportunity for us all to experience and celebrate the rich diversity of refugee communities.

Refugee Week is an umbrella participatory festival which allows refugee community organisations, voluntary and statutory organisations, local councils, schools, student groups and faith-based organisations to host events during the week.

Through Refugee Week, we aim to provide an important opportunity for asylum seekers and refugees to be seen, listened to and valued. More information about the online celebration is located [here](#).



HHDL Four Point Plan

I reiterate that we are deliberately and carefully continuing with our HHDL Strategy in Term 2. I thank you for your attention to HHDL Four Point Plan; good **H**Health, good **H**Hygiene and hand washing, good **D**Distancing and care for others and good **L**Learning regardless of student location. During Term 2, the health and wellbeing of students, families and staff remain our priority. We continue to ensure that our school is a safe environment.

Webinar for Parents – Prevention and Response to Child Anxiety and Depression

The live webinar is for parents / caregivers on Tuesday 30 June at 6:30pm, utilising the LBI - IMPACT – Intentional Practice approach. To register please follow the [link](#).

This webinar is being delivered in partnership with the Federation of Catholic School Parent Communities SA and the LBI Foundation.

Who is the Webinar For?

Parents and caregivers of children and young people in South Australian Primary and Secondary Catholic Education Schools.

Key Content:

- How does anxiety and depression manifest and express itself in children and young people (from 5 years to 18 years)?
- What are the current and emergent (post COVID) at-risk groups, within a context of greater world uncertainty?
- What are the key parent and caregiver actions and strategies to prevent anxiety/depression and promote child and youth wellbeing and resilience?
- Two key areas of focus to promote wellbeing and resilience: (1) responding to child and youth growth and developmental needs and (2) building child and youth capacity through side-by-side support.
- How parents and caregivers can work side-by-side with schools and children/youth in both preventative and secondary responses to anxiety/depression.

Facilitators

The session will be delivered by two LBI Foundation presenters with significant experience in providing preventative and targeted support (clinical and non-clinical) to children and young people (and their families and schools) within educational contexts.

- Dr Ivan Raymond (Clinical Psychologist, PhD)
- Ms Kylie Agnew (Registered Psychologist and Teacher)

God Bless,

David Mezinac | Principal



From the Assistant Principal Student and Staff Development

Last Friday, I had the privilege of attending the virtual whole school liturgy in Kathryn Domaschensz's Year 2 class as a conclusion to Founders Week. It was delightful to be able to share this time with these enthusiastic students. I was very impressed with their singing and responses and their knowledge of the contributions made by our College Founders. The ability to be able to personalise the liturgy in contrast with a whole school approach is one of the benefits of social isolation.

June is Scoliosis Awareness Month which is of significant importance for several of our families who have family members with this condition. Scoliosis is a progressive, lateral curvature of the spine. When viewed from the side, the spine should have curves. But when viewed from the back, the spine should be straight. Scoliosis can affect children and adults and can result in poor posture, shoulder humping, muscle weakness, and pain. In rare cases scoliosis can lead to heart and lung problems. Previously there were screening programs in schools however these have now ceased. There is a very useful site www.scolicare.com.au which provides information, support and awareness for Scoliosis. Please visit this website and access the screening tool if you are interested.

Jennie Sanderson | Assistant Principal Student and Staff Development



Refugee Week

During Refugee Week this week, we are reminded of Pope Francis' call to welcome, to protect, to promote and to integrate migrants and refugees.

"Migrants are our brothers and sisters in search of a better life, far away from poverty, hunger, exploitation and the unjust distribution of the planet's resources which are meant to be equitably shared by all." - Pope Francis

Later this year we will celebrate Migrant and Refugee Sunday as a Church. We will again take the opportunity to celebrate the significant contribution of a range of cultures to our local community and also continue to offer our prayers and support for those seeking safety and refuge across our world.

Founder's Week

Thank you to everyone who supported the House Days in Founders Week. The week was a sea of colour and students in each house had a wonderful time celebrating their house proudly and participating in a range of activities organised by the Founder Leaders of the Middle and Senior School.

Sacrament Sessions

This Thursday we will recommence the Sacramental Program after a significant break during the COVID-19 pandemic. We look forward to working with families for sessions on the next three Thursdays at either 4:30pm or 6:45pm.

We are still awaiting confirmation of dates for the celebration of the Sacraments for the 2019/2020 group.

Information about enrolling in the next Sacramental Program (2020/2021) will be sent out next term.

Masses

Masses are now being held for 75 people at a time in all churches around the South East. There is no longer a need to book for mass although sanitising stations and sign in sheets will still be set up.

Masses at St Paul's Church will be at 6:00pm on Saturday and 9:00am and 11:00am on Sunday.

Tenison Woods College masses will continue on Thursdays at 9:00am with one class in attendance. We are hoping that from the start of next term we will be able to host a year level at a time. At this stage we are still not able to host parents, grandparents or parishioners at these masses, but we look forward to when that changes.

Michelle Coote | Assistant Principal Religious Identity and Mission

Marist Brothers and Mercy Sisters Scholarships Applications

The Marist Brothers and Mercy Sisters Scholarships are available to students of families who would like to attend or continue their education at Tenison Woods College but may be experiencing financial hardship. The Marist Brothers Scholarship is awarded for up to three years for students in Years 7 to 9 and the Mercy Sisters Scholarship is for three years for students in Years 10 to 12. To apply, students must currently be in Year 6 or 7 for the Marist Brothers Scholarship or Year 9 or 10 for the Mercy Sisters Scholarship.

Applications will close Friday 3 July at 4:00pm. We invite all families who think they may qualify to obtain an application form from the Front Office. Alternatively, information on the Scholarships can be found online on the Tenison Woods College website [here](#). Any queries can be directed to the Front Office or myself, Neal Turley, on 8725 5455.

Neal Turley | Business Manager

Visit our Instagram Page

Every day exciting things are happening in and around the College. To follow the fun, check out our Instagram Page! [@tenisonwoodscollege](#)



Picture Perfect Pupil Painters

Over the last couple of weeks, the Year 8 Visual Art students have been diving deep into the world of painting. As part of their final assessment for Term 2, students have been asked to research an artist of interest and three of their most famous artworks. Last week students analysed the characteristics and brushstrokes of three different artworks and then used this knowledge to plan, create and produce a painting inspired by the artist. We are super happy to see our students engaged, motivated and excited for this next assessment and we think they look great in their painting smocks! We look forward to seeing their final paintings.

Pictured above are Sienna, Seth Michielan, Bailey Levison, Kobe Bannon, Richard Kinyabuguna, Harlon Puhara, Brooklyn Winterfield, Meh Reh Htoo, Dylan Lewis and Mitchell.

George Adamopoulos | Years 7 to 12 Art and BET Teacher

Year 1 Fairy Tale Day

All Year 1 students are invited to attend the Fairy Tale day on Wednesday 24 June. Come to school dressed as your favourite character from a traditional or modern Fairy Tale, (no superheroes).

Please click [here](#) to view the format of the day.



Mount Gambier Catholic Parish Youth Band Debut

On Tuesday night 16 June, College students in the Mount Gambier Parish Youth Band debut leading praise and worship on a Facebook Live event organised by the Catholic Office. Ex-Scholar Laura Cesario wrote and composed one of the songs performed on Tuesday night. We would like to thank Peter from COYYA for inviting the group to be involved in this event.

If you missed the live event, please click [here](#) to view.

Pictured above left to right above are Vincent van Eyk, Julio Teodoro, Mia Van Gaans, Laura Cesario, Alina Crispino, Rosie van Eyk and Reuben van Eyk.



Year 11 and 12 Students Mindful Pastoral Care

On Thursday 11 June, Year 11 and 12 Pastoral Care students participated in mindful activities organised by their Pastoral Care teachers. Students really enjoyed 'being present' in the activities that were on offer.

I would like to thank all the teachers for their enthusiasm, support and the way in which they thoroughly engaged the students.

I was privy to wandering around to check out all the activities and these were the delightful things I saw:

- Colourful, fragrant slime;
- Students painting tiny figurines with Mr MacGregor and loving the challenge;
- Kids sitting quietly folding paper to make an awesome architectural building with Ms Saberi;
- Boys enjoying Mr de Nys' wit whilst he explained how to write a limerick (some wrote a few of their own);
- A large group cooking brownies with Mrs McCourt whilst the students in the class upstairs breathed in the aroma;
- A large group of very active boys and girls sitting in silence and darkness with Miss Mutch and Mrs Shanahan – meditating and relaxing;
- A happy bunch of students running around the Barrie Holmes Stadium and expelling lots of energy with Mr Primer and Mr Buckley.

Well done to all who participated!

Pictured above Matisse Schmidt and Ethan Michielan.

Marilena Wilson | Wellbeing Coordinator Years 11 and 12

ISO Talent Competition Judging

On Monday 15 June the College Student Leaders gathered together at lunch to judge the entries of the ISO Talent Competition. The leaders were amazed at all the talents showcased. The winners of the competition will be announced very soon!

Thank you to all who submitted an entry.

Week 9 Whole School Comfort Day

Next Friday 26 June the Senior School student leaders are organising a Comfort Day in support of the Vinnies Winter Appeal. Students will wear comfortable casual clothes and bring a can and a coin donation. The focus will be on how we can be the head, hearts and hands of Christ by helping Vinnies to keep others safe and warm this winter.

Staff will participate in a 'Dressed by Vinnies' Day where they are encouraged to purchase an outfit or an item to add to their outfit for the day from the Crouch St Vinnies store. Not only does this support the shop who then support local people, it always highlights the quality clothing available to purchase from the Vinnies shop in Mount Gambier.

Please click [here](#) to view the format of the day.

Michelle Coote | Assistant Principal Religious Identity and Mission



Junior School Awards

With our Junior School Assemblies currently on hold, we felt it was important to still acknowledge our student's ability to SHINE BRAVELY at Tenison Woods College. Students pictured have been demonstrating a variety of skills and attitudes such as **Striving** to be successful, **Helping** others to be their best, getting **Involved**, knowing others by **Name** and **Enjoying** positive emotions.

Congratulations to our certificate recipients;

- Reception: Charlotte Callaghan, Morgan Renko, Axel Makin, Leigh Warren, Bridgette Elmslie
- Year 1: Kit Rogers, Ava Hayden
- Year 2: Andema Emmanuel Ntamugale, Chase Noonan, Liam Salmon, Alex Hill, Filumena Ochudzawa
- Year 3: Olive Paltridge, Mackenzie Harrold, Hudson Gray, Ollie Cutting, Addison Kamphuis
- Year 4: Eh Therapu Dee, Mac Bradshaw, Ella Bogie, Ethan Wilkin, Maegan Hayes, Amelie Adam
- Year 5: Allegra Rzepliela, Gerry Vanikiotis, Ryder Lomas, Isabella Moody

Liz Snell | Student Wellbeing Reception - 5



Gilap Wanga Learning Community

A place of LISTENING and LEARNING with RESPECT of self, community, country and place. By accepting this Aboriginal gift, we can all grow together.

Upcoming Events:

Wednesday 24 June

- Year 1 Fairy Tale Day

Friday 26 June

- Whole School Comfort Day

Canteen Roster

For those rostered to work in the canteen, your starting time is 10:00am and your finishing time is 2:00pm. If you or your children have been unwell in the week leading up to your rostered day we ask that you do not attend and contact the Canteen Manager, Leanne Sandow on 8724 4607. Thank you for your assistance.

Please note: Lunch order bags can only be used once, they are not reusable. When using the QKR! App, please make sure all instructions are followed so orders can be processed correctly. There have been a few problems with parents / students selecting the wrong day, or ordering for the following week. Please check carefully when placing orders. A reminder that the cut off time for orders via QKR! is 9:00am.

2020 Canteen Pricelist

Please visit the website for the 2020 canteen pricelist or click [here](#).



Uniform Shop

The Uniform Shop are not able to offer a walk in service at this time, however, to assist our community they are offering personalised fitting appointments.

Please be aware that the College Uniform Shop will be closed during the upcoming school holidays.

The final day of trading prior to the school holidays commencing will be Thursday 2nd July. The shop will re-open at 8.00am on Tuesday 21st July (Week 1, Term 3).

ALL BELOW OPENING HOURS ARE BY APPOINTMENT ONLY. To book your appointment, please click [here](#).

- Tuesday 8:00am - 10:30am - Appointments Booked Online
11:00am - 12:00pm - Collection of Online Orders only
- Thursday 1:00pm - 2:30pm - Appointments Booked Online
3:00pm - 5:00pm - Collection of Online Orders only

Thank you for everyone's patience and understanding – these times may be subject to change.

For further enquiries please contact the school at 8725 5455.

Photo Gallery - Founders Week Celebrations



Mitchell Chapman and Max Yeates



Lacey Button



Zaylah Jones, Demi Gabrielli and Stella Jones



Hannah scores a goal for MacKillop



Bailey collecting points for Champagnat



Izzy Fielding