

Weekly Newsletter

WEDNESDAY 11 March 2020 | WEEK 7, TERM 1

Team Spirit and fun at the R - Year2 Sports Day



A fantastic day was had by all Reception, Year 1 and Year 2 students last Friday, 6 March for the Reception - Year 2 Sports Day.

It was great to see so much action and lots of smiling faces. A huge thank you must go to the Year 4, 5 and 7 Founder Leaders for the amazing leadership shown on the day. They began the day with a funky health hustle and ended the day enthusiastically singing the team chants. A great day was had by all!

Tina Opperman | Year 5 Teacher / R-7 Sports Coordinator



From The Principal

Board Annual General Meeting and a Taste of The Gilap Wanga Learning Community

I remind parents and caregivers of the Annual General Meeting of the Tenison Woods College Board, which will be held Wednesday 25 March in the Gilap Wanga Learning Community.

It will give parents a taste of the type of learning community we are creating in preparation for 2021; our major intake of students in Year 7 to the secondary setting, as part of our new Middle School of Tenison Woods College. Our Middle School will consist of students in Years 7-9. In 2021 we will also have a significant Year 8 intake, for the last time.

The Gilap Wanga Learning Community will be different. The former Pines Precinct, now Gilap Wanga Learning Community, is very different. It will express our College community's homage to the traditional owners, while also expressing our aspirations for deep listening to place, country and self. As such, the Gilap Wanga Learning Community will establish our College's aspiration to greet the future with respect for the environment; a respect that learns from our traditional custodians of the land.

In terms of the different experience in Gilap Wanga, it will be about your child and their learning pathway. Every child's learning pathway is different. Every child needs to be challenged differently. Parents, students and their teacher will personalise the learning pathway together. There will be a curriculum pattern, but it will be personalised, to ensure rigor, individual excellence and a well-rounded education so that your adolescent shines now and into the future.

So, come along to the Annual General Meeting and enjoy the following:

- 6:30pm - Showcase of the industrial Bio Digester (Composter) at the college waste Management Facility - Tom Linnell
- 6:45pm - Tour of the Poplars Inclusive Education Centre in the Gilap Wanga Learning Community – Natasha Davis and Alex Window.
- 7:00pm - AGM Presentations:
 - Gilap Wanga Learning Approach for 2021 and beyond – Scott Dickson and Nick Patzel
 - Communication in our College Community – Jessica Herring
 - 2019 Annual Report
 - Ratification of the 2020 Board

It promises to be a great night.

Nominations are also sought for people interested in serving on the Board this year. The associated correspondence is found [here](#).



From The Principal continued...

Tenison Woods College Hosting Harmony Day Celebrations

On Monday 23 March we will celebrate Harmony Day at Tenison Woods College from 11:00am to 12:00pm. This will be followed by the unveiling of the Great Wall of Cultures mural at the Migrant Resource Centre from 1:00pm.

Over the past few months, local artists Jeremy Levens and Sadiki Kamundele have brought the Migrant Resource Centre back fence facing the Railway Lands to life with their colourful artwork which celebrates the multiculturalism of Mount Gambier that helps make this city a great place to live. The Great Wall of Cultures mural has been attracting many positive comments on social media and we are pleased with the reception it has been receiving. To view the poster please click [here](#).

Parent Course – Wellbeing and Resilience

Thank you to parents who have expressed interest in the parent training course.

Tania Sigley is organising the time and venue with people who have expressed interest. For more information or to register your interest please contact Tania Sigley at sigt@tenison.catholic.edu.au

Enrolment of Students

I am very pleased to see that the College is experiencing significant demand in relation to enrolments. To assist with our medium and long term planning, I encourage parents to lodge an enrolment form with the school as soon as they have decided to enrol their child at the school. For some families this decision is made very early in the newborn's life and contacting the school at this time, no matter how early it may seem, will assist us to plan in the best possible way for your child's experience of education in our College community. Should you wish to discuss this further please contact our College Registrar, Tracey Davey at davet@tenison.catholic.edu.au.

Need a tutor? Studiosity is our free online tutoring service

I remind families that students of Tenison Woods College in Years 8-12 have access to a free online tutoring service. Studiosity is a 24/7 on-demand study help - from one of our **Subject Specialists** - with academic literacy skills and core subject support. The 'Writing Feedback' service offers constructive academic writing feedback in less than 24 hours. Give it a try - I know you will appreciate the service offered by Studiosity!

God Bless,

David Mezinac | Principal



From the Assistant Principal Student and Staff Development

Increasingly, schools are realising the importance of educating the whole child, incorporating wellbeing and in our case, a faith component to education. Tenison Woods College has a proud history of involving their students and staff in proactive wellbeing programs that cater for all aspects of social and emotional learning. Each year level or area has a designated Wellbeing Coordinator who oversees pro-active programs. These programs cover things such as cyber safety, respectful relationships, anti-bullying, goal setting, student empowerment and general wellbeing. As well as working with our students, we have also provided some very successful resilience programs for parents which will continue again next term.

To present these programs to students and parents, the College has collaborated with South Australian Health and Medical Research Institute (SAHMRI). During last year we formed a further connection with the Life Buoyancy Institute (LBI). LBI provides innovative and outcome-focused programs that support staff to assist students to respond rather than react to certain situations. A significant number of our staff, under the guidance of our Wellbeing Team, are using this approach when working with students. One of the initial approaches is to use the "What, What and How" principle - **What** is Happening? **What** is Important? and **How** Can You Act? By asking these 3 simple questions, students can focus on the crux of the issue and determine a solution. You may like to try this questioning technique at home. If you have any concerns please contact your child's teacher or myself at sandj@tenison.catholic.edu.au

Jennie Sanderson | Assistant Principal Student and Staff Development

CIM Team News



Catholic Identity and Mission Team News

Stational Mass

Once again, this Lent in our South East Deanery there is a Stational Mass. Traditionally the Pope in the Diocese of Rome celebrated Masses in various churches throughout Lent by way of journeying towards St Peter's Basilica for the celebration of Easter. The Stational Mass continues this tradition as a way for all in the Deanery to come together and heed to call to conversion and penance in preparation for Easter. Unfortunately, Fr Philip Marshall will be unable to celebrate the Mass, so Father Dean will be the celebrant with Frs. Sam, Michael and Christopher concelebrating. It's on Sunday, March 15, at 3:00pm at St Paul's Church, Mount Gambier. Our candidates for the Easter Sacraments will be blessed during the Mass. Please bring a plate to share for afternoon tea.

Project Compassion

Throughout Lent students are focusing on the various communities that are assisted by Caritas through Project Compassion. This week the focus is on Cambodia, 1 in 8 people live below the poverty line. Thankfully, through a Caritas funded program, people can learn new farming techniques which enable them to get a better yield from their vegetable crops and to conserve water in drought-stricken regions. Communities also take part in training in health, nutrition, hygiene and disaster preparedness, arming them with better strategies to cope with environmental changes.

Let's Go Further, Together! Please support Project Compassion through the use of your Project Compassion box that was sent home to each family last week.

Caritas K's and Casuals – Walk for Compassion

After holding our first Caritas K's and Casuals event in 2019, students and staff will again participate in 2020. This year's event will be held on Friday March 20. Students will be involved in a 'relay-style' walk event around the Tenison Woods College oval from 9:00am-3:00pm. Parents and friends will be encouraged to join us to walk at a time that suits them during the day. The Caritas K's event highlights the amount of walking done in developing countries...to school, for water, to access health etc...

Staff and students are encouraged to seek donations/or sponsorship either in person or online. We encourage online donations as this is an easy way for students and staff to share our fundraising page and collect donations for Caritas (which are tax deductible).

To donate online:

1. Go to this link: <https://lent.caritas.org.au/tenison-woods-college>
2. Find your child's year level/levels and make a donation
3. Share your page with others so they can donate
4. Students can also bring in cash if people have donated to them in that way.

All students are asked to bring in a Gold Coin donation on the day if they choose to wear Casual Clothes.

See [here](#) for the poster advertising this event.

Stations of the Cross

Stations of the Cross is a prayerful pilgrimage commemoration of the story of the events of Good Friday – Jesus' last day. Tenison Woods College students will be leading the Stations of the Cross at St Paul's Church on two Fridays during Lent. Please note the following dates and advise Michelle Coote at cootm@tenison.catholic.edu.au if your child/ren would like to be involved.

All families and friends are encouraged to join us for both of these dates:

- Friday 20 March at 6:15pm will be led by Middle School and Senior School students
- Friday 27 March at 6:15pm will be re-enacted by Junior School students

Family Mass

The next Family Mass will be held on Sunday 22 March at 11:00am at Saint Paul's Church, Penola Road Mount Gambier. This year, Palm Sunday is celebrated on 5 April. This is not a usual Family Mass date however we will still celebrate to mark the start of Holy Week.

Please contact myself or Cisca Teodoro at mgsacraments@bigpond.com if you would like to be involved as a singer or a reader.

Sacramental Information

The next session for children preparing to celebrate the Sacraments of Initiation will be held on Thursday 12 March in the Lecture Theatre at

Tenison Woods College. All families enrolled in the current program are required to attend either the 4:30pm or the 6:45pm session.

Parish Mass

Mass is celebrated in the Tenison Woods College Chapel every Thursday at 9:00am during term time. Each week the mass is attended and led by a different year level. All members of the community are invited to attend.

- Week 7 Thursday 12 March – Year 11
- Week 8 Thursday 19 March – Year 8
- Week 9 Thursday 26 March – Year 10
- Week 10 Thursday 2 April – Year 9
- Week 11 Thursday 9 April - Holy Thursday, No Mass

Michelle Coote | Assistant Principal Religious Identity and Mission



Tenison Woods College set to 'Relay for Life' this Friday

This Friday, 13 March, Tenison Woods College Year 12 students are joining together to participate in the Mount Gambier Relay for Life, to raise funds for the Cancer Council. The event is being held at the Blue Lake Sports Park and will begin at 6:00pm and conclude at 11:00am the next day.

We warmly invite the College Community to join our Year 12 Team for a great cause and a fun night. For any enquiries please email either Michelle Coote at cootm@tenison.catholic.edu.au or Ally Tucker at tucka@tenison.catholic.edu.au.

Michelle Coote | Assistant Principal Religious Identity and Mission



Hamish Case selected to represent South Australia in the U/15 squad

Congratulations to Year 9 student Hamish Case, who recently competed in the Under 15 National Cricket Championships, held from 20 to 28 February. Hamish was previously part of the U/15 South East Zone Country Team who played in Adelaide against other Metropolitan Zone Teams. From there, he was selected into a squad of 30 and after numerous trials and tournaments, was then selected to represent South Australia in the U/15 squad.

At the Championships, after three wins and two losses, SA played off against NSW Magenta to secure 5th spot, after both teams finished 3rd in their respective pools.

Hamish had an absolute standout performance. He was SA's top scorer with 75 runs, and he also managed to take a handful of wickets along the way. What an amazing achievement! Well done Hamish!

Nick Kourmousis | Sports Trainee



Excellent Efforts From Our Catholic Co-Ed Swimming Carnival Squad

After impressive efforts at the Interschool Swimming carnival, our talented swimmers embarked on a trip to Adelaide to compete in Catholic Co-Ed Swimming Competition held on 25 February.

A squad of 14 swimmers that consisted of Nicholas Bignell, Thomas Bignell, Kiah Connolly, Keira Flowers, Sebastian McCarthy, Stella O'Brien, Sophie O'Connor, Aleisha Pearson, Hayley Pearson, Madison Smith, Annabelle Solomons, Ashleigh Spicer, Elijah Stratford, Riley Turnbull, endured the five-hour long journey to compete in the Pool A team against eight other Adelaide Catholic Schools. The students were highly competitive and put up an outstanding fight in every event, placing and winning in multiple races. After an amazing day in the pool, our Tenison Woods College swimmers finished with the following results:

- 3rd in the U/14 Girls Age Group
- 3rd in the U/14 Boys Age Group
- 2nd in the U/20 Girls Age Group

Congratulations to all involved. What an outstanding effort!

Nick Kourmousis | Sports Trainee



Are you an Old Scholar?

Old scholars are an integral part of the history, tradition and future of Tenison Woods College.

We invite all old scholars, past parents, friends and former staff members to reconnect through our 'Friends of Tenison' committee.

Keep up to date with all the news in the College community.

Register your details today, via our [website](#).



Uniform Shop Opening Hours

Tues - 8:00am - 12:00pm
Thur - 1:00pm - 5:00pm

TENISON WOODS COLLEGE

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2021 Titans USA Basketball Tour

Expressions of interest are now being called for the 2021 Titans USA Basketball Tour for current Year 8-11 students (2021 Year 9-12 students).

The three-week tour is a once in a life-time experience for participants as they take part in a sight-seeing, cultural and basketball tour along the west coast of the United States of America. In what will be the 9th biennial tour, students will play basketball against various high school teams (including homestays), while also enjoying sightseeing experiences which could include Alcatraz Island, Fisherman's Wharf, Disneyland, California Adventure Park, Universal Studios, Grouse Mountain and did we mention they finish the trip with three days in Hawaii.

Our band of intrepid travellers will also experience the thrills of an NBA game, College basketball games, ice hockey, US College tour, a luau, and even a snow experience, plus a little bit of shopping (retail therapy).

For anyone interested in finding out more, please register your interest by emailing Tanya Thomson at thota@tenison.catholic.edu.au. Our first information session will be held on Wednesday 18 March at 6.00pm in the Pam Ronan Centre Lecture Theatre. Please ensure you have registered your interest prior to this meeting.

Tanya Thomson | Senior School Administration



2020 South East Field Days

On Friday 20 March and Saturday 21 March, the College will be at the annual South East Field Days at Lucindale, situated at site 30 in the Yakka Pavilion.

The South East Field Days attract thousands from around the country to explore agricultural equipment and displays, general interest pavilions, clothing, wine tasting, food and much more.

Call past and visit staff and students in our stall!

Visit our Instagram Page

Every day exciting things are happening in and around the College. To follow the fun, check out our Instagram Page! [@tenisonwoodscollege](https://www.instagram.com/tenisonwoodscollege)



School leaders attend workshop in Adelaide

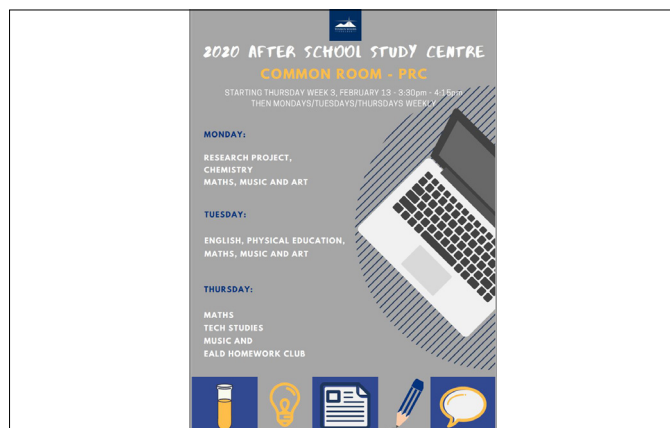
Our School Captains Jessica Snell, Ethan Herpich and Mission Leaders Ruby Moore and Rosie Van Eyk had the honour of attending a 'Leaders for the World God Desires' session in Adelaide, where they conversed with other Catholic School Student leaders.

The key messages of the day included: 'not needing a badge to be a leader', 'it's not about the destination it's about the journey', and 'be a protagonist for change'.

The day finished with Director of Catholic Education South Australia, Dr Neil McGoran reflecting on the importance of student voice and how to be an effective leader.

Our leaders are enthusiastic to share and explore their ideas for 2020 with the College!

Tania Sigley | Director of Wellbeing



After School Study Program

Tenison Woods College now offers an after-school study program which is being held every Monday, Tuesday and Thursday from 3:30pm to 4:15pm. The program offers assistance to students in Years 8-12 in the subject areas of Chemistry, Research Project, Physical Education, Art, Music, English, Tech Studies and Mathematics. To view the roster of which teachers are assisting, please click [here](#). For any enquiries or further information please contact the Director of Learning, Scott Dickson at dicksc@tenison.catholic.edu.au

Fringe Festival Stall

On Friday 20 March and Saturday 21 March, Tenison Woods College will be holding a stall at the Fringe Festival on Commercial Street. They will be selling Nachos for \$8 and drinks for \$2. They are also hosting a Silent Disco for \$5. All proceeds will be donated to the Dominical Orphanage in Dilli and the Secondary School at Hatolia. Come down and support this great cause!

College Board AGM Invitation

The College Community are invited to attend the College Board AGM on 25 March from 6:30pm onwards. To view the invitation and agenda, please click [here](#)



Student Uniform Tip of the Week Hair and Jewellery

Hair is to be clean and brushed or combed to maintain a neat tidy appearance. Hair is also of a singular natural colour and tied up if shoulder length or longer. Students must not have dreadlocks, rat's tails or other extreme styles and if their head is shaved it is a minimum number 2 cut.

STUDENTS ARE PERMITTED TO WEAR:

- A watch;
- A fine gold or silver chain with a small religious symbol;
- Sleepers or studs – one per earlobe only;
- Clear nail polish;
- Navy headband or ribbon

Please refer to the College Uniform Booklet and Uniform Policy for further information.

Uniform committee

The uniform committee is seeking a new member to the team, which meet once a term on a Thursday during the day in the Sugarloaf Café. If you are interested please email Tania Sigley – sigt@tenison.catholic.edu.au

Tania Sigley | Director of Wellbeing

Upcoming Events:

Thursday 12 March

- 4:30pm-5:45pm or 6:45-8:00pm - Sacrament Session D, Lecture Theatre
- Music Camp

Friday 13 March

- 2:30pm-3:15pm Junior School Assembly, Barrie Holmes Stadium
- SESSA Stableford Golf Handicap
- 7:00pm – Relay For Life, Blue Lake Sports Park

Saturday 14 March

- 6:00pm – Mass, St Paul's Catholic Church
- Relay For Life, Blue Lake Sports Park

Sunday 15 March

- 11:00am – Mass, St Paul's Catholic Church

Monday 16 March

- SAPSASA Tennis/Cricket Carnival, Adelaide

Wednesday 18 March

- South East Zone Interschool Athletics, Mount Gambier High School



Canteen Roster

For those rostered to work in the canteen, your starting time is 10:00am and your finishing time is 2:00pm. If you have any questions, please contact the Canteen Manager, Leanne Sandow. Thank you for your assistance.

Please note: Lunch order bags can only be used once, they are not reusable.



2020 Shining Lights - Nominations are now Open

Who should be one of our 2020 Shining Lights? Criteria and nomination forms are available on our website: https://www.tenison.catholic.edu.au/files/d/11778/Shining_Light_Award_Selection_Criteria_151015.pdf

Recipe of the Week Zucchini Mini Frittatas

Please find the recipe [here](#).

For daily posts, please follow the Stephanie Alexander Kitchen Garden on Instagram at [sakg.twc](https://www.instagram.com/sakg.twc).

Jaime Edwards | Home Economics Teacher



Community
Noticeboard



See the Community Noticeboard for posters and notices of upcoming events within our College, and wider community.

Please click [here](#) to view this page.



2020 Canteen Pricelist

Please visit the website for the 2020 canteen pricelist or click [here](#)

Week 8

Monday - Lyn Wilson

Tuesday - TBA

Wednesday - Sarah Cutting

Thursday - Kate Pohner

Friday - Bernie Passauer

Uniform Shop

Regular Opening Hours:

Tuesday: 8.00am - 12.00pm

Thursday: 1.00pm - 5.00pm

A reminder that Students are required to wear their Summer Uniforms for Term 1. Hats must also be worn.

Contact Us:

E: thecollegeshop@tenison.catholic.edu.au

T: (08) 8724 4637

Photo Gallery - Reception-2 Sports Day

