

Weekly Newsletter

WEDNESDAY 19 FEBRUARY 2020 | WEEK 4, TERM 1

Tenison Snatches Interschool Swimming Title for Sixth Year Running



Results are available on Page 6 of this Newsletter

Tenison Woods College has won the SESSA Interschool Swimming Carnival for the sixth year running, after competing against seven other High Schools from around the district on Friday 14 February. Held at the Mount Gambier Aquatic Centre, our elite group of swimmers performed in an outstanding manner and this was reflected in the results. Overall, Tenison Woods College won by over 100 points and were awarded two out of the four age group division shields. There were also some incredible individual and team results with multiple long-standing records broken by our swimmers. Congratulations to all of the swimmers who participated in this event.

From The Principal

A Week of Swimming Talent and Fun

The strong tradition of swimming excellence and fun-filled water novelty games continued last week at the 8-12 Swimming Carnival on Monday 10 February and the 4-7 Swimming Carnival on Friday 14 February. In addition to this, the Tenison Woods College Interschool Team won the SESSA Interschool Swimming Carnival on Friday 14 February. Special thanks to Ian Ross, Tina Opperman, Nick Kourmouzis and the HPE Team, who planned two wonderful opportunities for students to shine, as well as have a lot of fun! Thanks also to all the students, staff and parents who offered their talents in a variety of ways to make the two days a wonderful start to our College sporting calendar.

The Gilap Wanga Learning Community

We are gradually getting to a stage where students will be entering the Gilap Wanga Learning Precinct. Once the Poplars pergola area is painted, we will be in a position for Poplars students to enter their zone in Week 5. At this stage it looks like two Year 8 classes will then be available in Week 6 and then as the term progresses more classrooms will gradually come online. The precinct, along with the perimeter road, should be completed by the end of Term 1. Once finalised, the Gilap Wanga Learning Community will express our College community's homage to the traditional owners, while also expressing our aspirations for deep listening to place, country and self. As such, the Gilap Wanga Learning Community will establish our College's aspiration to greet the future with respect for the environment; a respect that learns from our traditional custodians of the land. The unique geographical location of the Gilap Wanga Learning Community will foster deep learning, collaboration and communication.



The Philosophy of Gilap Wanga

The Gilap Wanga Learning Community will be different. It's about your child and their pathway. And every child's pathway is different. Every child needs to be challenged differently.

You, your child and their teacher will personalise the pathway together. There is a pattern, but it is personalised, to ensure rigour, individual excellence and a well-rounded education so that your adolescent shines now and into the future.

The Gilap Wanga Learning Community celebrates individuality, diversity and connection, enabling our young to thrive as capable leaders for the world God desires.



From The Principal *continued...*

Year 7 2021

A new beginning for Tenison Woods College – it starts in 2021.

As of 2021 our major intake of students to the Middle School of Tenison Woods College will be in Year 7. Our Middle School will consist of students in Year 7-9.

In 2021 we will also have a significant Year 8 intake, for the last time. Mary MacKillop Memorial School and St Anthony's School students are invited to join us at Year 7 in 2021 or wait until Year 8 2022, as determined best by their families.

Years 7-9 at Tenison Woods College will look different, feel different and be different.

Ensuring our school is a safe place for all

As the school year commences I want to assure all parents and carers of our absolute commitment to ensuring that Tenison Woods College is a safe place for all. I say to students as I visit classes, that my most important job as Principal is to keep all our students, staff and parents safe. As such:

- Our staff are committed and trained to protect the children and young people in our care.
- All staff and regular volunteers have current police checks.
- We teach our children age-appropriate strategies to keep themselves safe through South Australia's Keeping Safe Child Protection Curriculum.
- Staff complete certification and undertake regular updated training in Responding to Abuse and Neglect in Education and Care Settings.
- We also promote strategies to minimise bullying and help students stay safe online.

You can read more about our commitment to the wellbeing of your child on our website <http://www.tenison.catholic.edu.au/enrolment/policies>

Additional information about the broader protection policies of Catholic Education SA can be found on their website <http://www.cesa.catholic.edu.au/our-schools/safe-environments-for-all>

The website also includes links to online resources for parents and students on a range of topics including anxiety, depression, bullying and how to support your child.

If you have any questions or concerns about child safety please contact Tania Sigley, Director of Wellbeing sigt@tenison.catholic.edu.au

Parent Course – Wellbeing and Resilience

What skills would you want your children to have most as they greet the opportunities and challenges of life?

Studies have shown that curiosity and grit are the two personal characteristics which are the most significant predictors of success in life; two critical traits that will make us grow into the people God is calling us to be. Furthermore, in these days of competing demands on our time and resources; the need to work through complex issues with our children, and the diversity of family structures, one of the most valuable skills we can have is that of resilience.

In partnership with the South Australian Health and Medical Research Institute, Tenison Woods College is developing a whole school community way of talking about, measuring and critiquing the resilience and wellbeing of our members. The project complements our current strong commitment to wellbeing and resilience through the variety of programs offered to students, families and staff, by giving us a common language and frame of reference through which to view the associated issues across our school community.

This year we are continuing our parent training course. The course will run for five consecutive weeks and a timing will be determined by the needs and availability of prospective participants.

Come along and learn some new skills, or refresh some old ones, in a friendly, non-threatening, social environment. For more information or to register your interest please contact Tania Sigley at sigt@tenison.catholic.edu.au

Parent Representatives Reception – Year 9

As indicated previously, with our commitment to fostering positive parent relationships within our school community, Tenison Woods College is delighted to be supporting the Parent Teacher Association (PTA) in 2020, which will also foster the Class Parent Representative Program.

We are finalising the list of parent representatives of each class and look forward to gathering with them to discuss how they can support staff in building community.

The nature of the Parent Representative role will differ according to the developmental age of students in the class. The involvement of a Reception Parent Representative will differ to that of a Year 9 Representative. Younger age groups tend to rely on active support and more than one Parent Representative for each class. On the other hand, we appreciate that

developing adolescence brings with it a growing sense of independence and the Parent Representative role for this cohort may be to facilitate parents in connecting and navigating areas of adolescence.

Parent Representatives will assist the classroom teacher in welcoming families to the class and the school. They will also be involved in liaising with families and the teacher to facilitate strong communication, providing a sounding board for parents in relation to questions or concerns they may have about their child's learning and wellbeing.

Where appropriate, a Parent Representative may facilitate or coordinate gatherings for parents and families in the spirit of strengthening positive relationships. Each Parent Representative will meet with the classroom teacher on a fortnightly basis and may wish to submit items in the class newsletter.

Need a tutor? Studiosity is our free online tutoring service

I remind families that students of Tenison Woods College in Year 8-12 have access to a free online tutoring service. Students are able to connect to expert tutors for live, one-to-one conversations about homework, assignments and exam preparation from 3:00pm – 10:00pm Monday to Friday. Give it a try – I know you will appreciate the service offered by Studiosity!

God Bless,

David Mezinac | Principal



From the Assistant Principal Student and Staff Development

One of the most enjoyable activities I found as a parent, when my children were in school, was volunteering for various activities within the school. This was a way which I was able to keep up-to-date with what was happening within the classes, meet other parents, and get to know teachers on a different level while at the same time contribute to the school community. Volunteers are a very important part of our College community and, like any other educational facility, without them we would not be able to offer the range of activities we currently do.

Thank you very much to the parents and caregivers who responded to the recent Edsmart request for parent involvement in the school, I will be contacting you shortly. If you did not have the chance to respond and would like to be involved either on a regular basis or a one off event please look at the range of options and email me if you would like to add your name to the list. The areas we are seeking support for are as follows: assisting with parent education nights, assisting with term events, Mother's Day Stall, Father's Day Stall, Parent Class Representative, PTA Coordinator, PTA Member, Learning Assistance Program (LAP).

I look forward to hearing from you at sandj@tenison.catholic.edu.au

Jennie Sanderson | Assistant Principal Student and Staff Development



CIM Team News

Project Compassion

During Lent each year, Caritas Australia holds its Project Compassion appeal. Project Compassion boxes are available for all families and will be distributed by the youngest family member's home group teacher. These can be returned to the College or Church Office by the end of term. Families are encouraged to think of ways to support this appeal and students will be involved in fundraising at the College.

Shrove Tuesday

Pancakes are traditionally served on the Tuesday before Lent begins which historically was an opportunity for households to use up luxury food items before the season of Lent began. Pancakes will be available next Tuesday for \$1.00. Money raised will go to Project Compassion.

Ash Wednesday

All students will attend Ash Wednesday liturgies in year levels on Wednesday 26 February. As this is a holy day of fasting and prayer there will be no meat served in the Canteen or Sugarloaf Café.

Mass will be offered at the College at 12:40pm on Ash Wednesday and this will be attended by the Year 4/5's. Parents and friends are welcome to attend.

Family Mass

The next Family Mass will be held on Sunday 23 February at 11:00am at St Paul's Church, Penola Road Mount Gambier. Please contact Michelle Coote or Cisca Teodoro if you would like to be involved as a singer or a reader.

Sacramental Information

The next session for children preparing to celebrate the Sacraments of Initiation will be held on Thursday 20 February in the Lecture Theatre at Tenison Woods College. All families enrolled in the current program are required to attend either the 4:30pm or the 6:45pm session.

Be My Witness Lenten Program

On Tuesday evenings during Lent we will be hosting a small faith sharing discussion group at Tenison Woods College from 7:00-8.30pm in the Staffroom. The scripture, prayer, reflection and discussion will centre around our daily lives and the strengthening of our faith. The program will be partially video led and partially leader facilitated. The first session will be on Tuesday 3 March and will run each Tuesday until the end of term. Parents, senior students and staff members are welcome to attend. To register your interest please contact me at cootm@tenison.catholic.edu.au

Parish Mass

Mass is celebrated in the Tenison Woods College Chapel every Thursday at 9:00am during term time. Each week the mass is attended and led by a different year level.

All members of the community are invited to attend.

The roster for Term 1 is:

Week 4 - Thursday 20 February - WHOLE SCHOOL MASS 9:00am Marist Park

Week 5 - Thursday 27 February - No Mass at Tenison Woods College

Week 6 - Thursday 5 March - Year 6/7

Week 7 - Thursday 12 March - Year 11

Week 8 - Thursday 19 March - Year 8

Week 9 - Thursday 26 March - Year 10

Week 10 - Thursday 2 April - Year 9

Michelle Coote | Assistant Principal Religious Identity and Mission

Front Office on Thursday

Please note that the Front Office will be closed this Thursday morning from 9.00am until 10.15am as we will be attending the Whole School Mass.

Tracey Davey | Enrolment Registrar/Office Manager



Seeking Donations to assist 'Days For Girls'

Days For Girls is a non-for-profit organisation, creating a better future for girls by providing support for reproductive health and sustainable feminine hygiene products. Students in Poplars are collaborating with *Days For Girls* in making and sewing reusable feminine hygiene products for girls especially those living in poverty. We ask that you please bring in some donations to help make this happen. We would love:

Knickers - Bonds girls 4 packs in sizes 12/14 & 14/16.

Fabric - For bags and shields we use quilters cotton as it is the best quality and you can get beautiful prints and colours. Bags can also be made with this sort of pattern. Nice and bright, florals and geometrics are best.

For all our materials, we ask that the prints have no animals, insects, skulls, faces, people or objects. This is to pay respects to the Muslim, Buddhist and Animists communities.

Trudi Dempsey | WHS Coordinator / Poplars Administration



Whole School Mass & Vinnies Bushfire Fundraiser - This Thursday

The Beginning of Year Mass will be held at Marist Park on Thursday 20 February at 9:00am. All parents and friends are encouraged to attend and we ask that you bring your own chair and hat. Cars can be driven to the bottom of Marist Park and parked in the carpark.

To coincide with the Whole School Mass there will be a Vinnies Bushfire Relief Fundraiser. Students are asked to bring a gold coin to add to one of the buckets in front of the visual displays at the Mass. This is one way we can respond to some of the needs that people have in the wake of the devastating bushfires across Australia this summer.

Michelle Coote | Assistant Principal Religious Identity and Mission

Student Information Checklist

Last week, students brought home a Student Information Checklist. We ask that families review this document carefully and make any amendments that are required. Please then return the marked-up document to the Front Office as soon as possible.

The purpose of this form is to update any information that has changed since students have been enrolled. If all information is correct, we do not require the form to be returned. Please pay particular attention to your email address to ensure that is correct.

If you have any questions, please contact the Front Office.

Tracey Davey | Enrolment Registrar/Office Manager



Student Uniform Tip of the Week

This week's uniform tips are:

- Dress Length - Must be at the knee
- White T-shirts - Must not be worn under shirts
- Socks - Both sport and school socks need to be 'crew' socks

Please refer to College Uniform Booklet and Uniform Policy for further information.

Uniform Committee

The Uniform Committee is seeking a new member to the team, which meet once a term on a Thursday during the day in the Sugarloaf Café. If you are interested please email me at sigt@tenison.catholic.edu.au.

Tania Sigley | Director of Wellbeing



Year 4 - 7 Twilight Swimming Carnival

Last week's Year 4-7 Swimming Carnival was a great success with all students participating bravely in either the swimming heats or the novelty events. A big thanks to Ian Ross and the PE staff who helped set up and run the day. I would also like to thank Bev Shute and Rosie Collins as well as some Year 8-12 students who assisted with timing. The Swimming Carnival will lead to the District Swimming Day on Thursday 20 February, which some of our students will be attending. Overall it was a great afternoon of swimming and fun.

Tina Opperman | Year 5 Teacher / R-7 Sports Coordinator



Harry Mules to represent Australia in New Zealand Basketball Tournament

Congratulations to Year 9 student Harry Mules, who has been selected to represent Australia in the Under 16 boys basketball team in New Zealand. Harry was selected after his outstanding performances in January at the Australian Country Junior Basketball Cup in Albury. He will travel to New Zealand in April, to represent Australia in the Mel Young Basketball Tournament. We wish Harry all the best!

Nick Kourmouzis | Sports Trainee



Known By Name

Year 12 students Ellen Brown, Sophie Ellis and Kate Telford led a morning prayer in Kathryn Domaschensz's Year 2 class on 13 February, as part of their first Religious Education assignment.

These students are just a few of many who have elected to study Religious Education as one of their 20-credit SACE subjects. It is great to see Year 12's being leaders and getting to know younger students at Tenison Woods College by name. Fantastic work girls!



Darling Brando Wow's Audience

On 13 February the College was honoured to welcome Australian up and coming band *Darling Brando*. The trio are currently touring Australia, as they attempt to break a world record of 100 gigs in 28 days. The band performed under the sails at lunchtime, with a great turnout from staff and students.

We would like to thank *Darling Brando* for coming to Tenison Woods College and we wish them all the best for the remainder of their tour.

If you would like to keep up with the band, follow their Facebook Page [@DarlingBrando](#)

Library Lovers Competition Winners

Students embraced the 2020 Library lovers theme, 'Uncover Something New' with many wonderful entries being delivered to the Library.

The winners for our annual Library Lovers competition are as follows:

Reception - Year 2: Harry Sneath, Quinn Jennings

Year 3 - 5: Charlotte Dixon, Banjo Morgan, Ella Swiggs, Maw Ri Thaw

Year 6 - 7: Lila Foster, McKayla Maney

The successful students will celebrate their achievement at a special Library morning tea in the coming weeks. Year 4 student Emmy Jeffrey who is the winner of our 'Name the Library Sloth Competition' will also attend the morning tea. Emmy named the sloth Pedro.

Thank you to everyone who submitted an entry.

Chris Lloyd | Teacher Librarian



Are you an Old Scholar?

Old scholars are an integral part of the history, tradition and future of Tenison Woods College.

We invite all old scholars, past parents, friends and former staff members to reconnect through our 'Friends of Tenison' committee.

Keep up to date with all the news in the College community.

Register your details today, via our [website](#).



Uniform Shop Opening Hours

Tues - 8:00am - 12:00pm
Thur - 1:00pm - 5:00pm



Noorla Yo-Long

On Monday of Week 4 the Year 8A, 8B and 8C Home Groups ventured to Noorla Yo-Long outside of Rendelsham. The Year 8 students were split into two groups and were put through their paces with communication challenges and risk-taking experiences, which they thoroughly enjoyed. The High Ropes course tested students' balancing skills while at a range of different heights. Students overcame personal obstacles and were able to see their own strengths develop throughout this intensive course. Students learnt the power of listening as being a vital communication skill. This was evident when they were running the gauntlet blindfolded, guided only by voice. This activity brought on a lot of laughter. Once the voice component was mastered, students were put through their paces on the obstacle course, which included climbing timber structures and ladders, crawling through tunnels, all while blind folded. It was amazing to see the communication skills throughout this session. The students walked away from Noorla Yo-Long with big smiles on their faces knowing that personal milestones had been achieved. Year 8D and 8E Home Groups attended the orientation day today. More information about their experience will be shared in next week's newsletter.

Nick Patzel | Head of Middle School



Sammy D Foundation Visit

This week we had a visit from Neil Davis of the Sammy D Foundation, as part of their South East tour. They are educating young people on the effects of bullying, violence and alcohol-fuelled violence, with aims to shape lives and change futures. Neil from the Sammy D Foundation spoke about the loss of his son Sammy Davis, a 17-year-old up and coming AFL player from a one hit punch. Neil took the Year 10 and 11 students on his emotional journey providing strategies on how to keep safe while partying and the importance of mateship.

We would like to thank the foundation for taking the time to talk to and mentor our students.

Shining around the College on Instagram

Every day exciting things are happening in and around the College. To follow the fun, check out our Instagram Page! [@tenisonwoodscollege](https://www.instagram.com/tenisonwoodscollege)



Counsellor's Corner

This summer's Australian bushfire crisis was a reminder of the fragility of life, the unpredictability of our relationship to nature and the incredible human capacity to come together when tragedy strikes.

Children and young people are not immune to the impact of these fires and may feel anxiety, sadness, fear and anger. These are common emotions that you may see on display as their vulnerability and infallibility has been exposed. Those not directly affected by the bushfires are not immune to their impact. They too can feel distressed, upset and unsettled by these events.

As a parent it can be difficult to know how to help children process what they've seen and experienced. Here are some ideas to help:

Give kids permission, space and time to talk

Make it easy for children and young people to talk about the bushfires and share their thoughts and stories. Try to ensure that they don't run away with the facts, which can exacerbate anxiety. Children can be faulty interpreters of information so be prepared to assist them to process what they see and hear.

Listen to what they have to say

Gauge children's emotional reactions by listening to what they have to say. Sometimes children can feel distressed, unhappy, sad or scared, yet they can't connect it to a specific event. You don't necessarily need to make a link but understand that their feelings are real.

Monitor the media your children access

Children under the age of six can be frightened by images and stories they see and hear on the TV news so it's probably best to keep the TV turned off at news time. Older children and teens are more able to cope with disturbing images but they may not fully understand what they see. They also generally want to know what's happening and can feel more of a sense of control when they can learn first hand the latest fire news. Common sense and sensitivity are your best assets when it comes to monitoring children and the media.

Take solace in everyday routines

School routines add structure to the day and can stop kids thinking endlessly about what's happened. If family life has been upended by bushfires, a return to routine is part of the recovery process.

Support children's concern for others

They may have genuine concerns for the suffering that has occurred to people and wildlife, and they may need an outlet for those concerns. It's heart-warming to see this empathy and concern for others. Helping others overcomes our feelings of helplessness in the face of tragedy or catastrophic events. Look for ways that kids can help whether it's donating some pocket money to one of the various bushfire appeals, helping one of the many localised action groups that have sprung up everywhere or even assisting you to minimise the possible impact of bushfires in your own community.

Make anxiety management a lifestyle

If the bushfires are a cause of anxiety for your children, use anxiety management techniques such as deep breathing, mindfulness, exercise and other simple relaxation techniques. Being close to someone who makes them feel safe can also lower a child's anxiety.

And remember in difficult times like these, what adults and children need most is each other.

Adapted from article by Parenting Expert, Michael Grose

Josie Ashby | Wellbeing Counsellor



Year 11 HPE F45 Visit

On 13 February, Brad Maney's Year 11 HPE class visited the F45 gym to see and try different methods of high intensity cardio workouts. The visit was extremely beneficial, as the students are currently studying training principles, methods and energy systems. It's great to see these students using the + element from our SHINE motto and living a healthy lifestyle.

Nick Kourmouzis | Sports Trainee



OSHC Donations Required

Can you help? The children in our Out of School Hours Care (OSHC) centre really enjoy construction and being creative! If you have some LEGO or Mobilo that is not being used at home, we would love it if you could donate it to OSHC. We are also looking for craft supplies, such as cardboard, scrapbooking items and fabric for our OSHC children. We would greatly appreciate any donations, which can be left in the front office .

Sarah Seebom | Director of Out of School Hours Care

Immunisations for Year 8 and 10 Students

A reminder to all Year 8 and Year 10 parents/carers, that your child's Immunisation form must be completed and returned to their Homegroup teacher as soon as possible. Please note: If you DO NOT consent to your child having their immunisation at Tenison Woods College, the form must still be signed and returned, indicating 'No Consent'. Thank you for your support.

Tracey Davey | Enrolment Registrar/Office Manager



Interschool Swimming Success

(Continued from page 1). Congratulations to all of the swimmers who participated in this event. Below is a breakdown of results from the day:

Final Scores:

- Tenison Woods College (520 points)
- Bordertown High School (410 points)
- St Martins Lutheran College (380.5 points)
- Grant High School (323.5 points)
- Mount Gambier High School (289 points)
- Combined Schools (Millicent, Penola, Naracoorte) (251 points)

Age Group Champions:

- U/14: Tenison Woods College (167 points)
- U/15: Bordertown High School (124 points)
- U/16: Tenison Woods College (133 points)
- U/20: Grant High School (132 points)

Records Broken:

- Hayley Pearson**
- 50m Freestyle – 29.60
(2019 Record previously held by Kiah Connolly – 29.93)
 - 50m Backstroke – 39.83
(2019 Record previously held by Kiah Connolly – 40.21)
 - 50m Butterfly – 31.03
(2013 Record previously held by Emily Gazzard – 32.05)

Thomas Bignell

- 50m Backstroke – 34.13
(2007 record previously held by J Phillips 35.91)

Relay:

- Hayley Pearson, Kiah Connolly, Ashleigh Spicer and Emma O'Callaghan**
- 4x50m Medley Relay – 2.23.14
(2017 record – 2.29.22 by Tenison Woods College)



8-12 Athletics Carnival begins with 1500m running event

Students hit the track yesterday with the 1500-metre race, which marks the beginning of the 8-12 Athletics Carnival. There was a wide representation of students from all grades, as well as some student leadership appearances too. We welcome parents, carers and friends to come along to the 8-12 Athletics Carnival, beginning at 8:30am on Friday Morning. Please click [here](#) to view Program of Events



Nick Kourmouzis | Sports Trainee



SACE Merit Ceremony

The sun shone brightly and the energy was high as hundreds of people moved around the delightful gardens of Government House for the SACE Merit Ceremony on Tuesday 4 February.

Following the Vice-Regal Salute, guests were treated to a moving Welcome to Country by Kurna Elder Uncle Lewis Yerloburka O'Brien AO. An introduction by Professor Martin Westwell (Chief Executive of the SACE Board) and a brief welcome by Ms Jane Danvers (Presiding Member of the SACE Board) were followed by the much anticipated address by His Excellency the Honourable Hieu Van Le AC, Governor of South Australia. His message was one of hope and courage, emphasising the power of youth and celebrating their abilities, their successes and their promising future.

I attended the ceremony with the honourable task of representing Tenison Woods College, riding on the great accomplishments of Chloe Futcher, Keely Jones and Shayla Jones. Chloe was the recipient of the Governor's Commendation Excellence Award, together with two Merit Certificates – one for English and the other Research Project. The former was received by 26 students alone across the entire state. It was an object of pride to see Chloe up on stage, and to hear of her undertakings in serving her community, in her studies and in her personal development. In particular, Chloe organised a staff/student netball game to raise much needed funds for local charities. In addition, she tutored students in her free time, specifically, assisting students at risk. After the Presentation Ceremony, 'Merit Students' were recognised. Keely was invited to the stage by special guest presenter, Dr Lauren Butterworth, Producer and Co-host of drama Deviant Women. Dr Butterworth praised the students for their efforts in English and urged them to share their gifts in the wonderful world of literature. Keely graciously accepted her own certificate and that of her twin sister, who was congratulated in her absence. Shayla has already begun her chosen course of Medical Imaging in Geelong. The morning drew to a close as families and students from all schools mingled, conversed and relished delicious culinary treats. As a College, we once again warmly congratulate Chloe Futcher, Keely Jones and Shayla Jones and their families for their hard work and fine attainments.

Marilena Wilson | Year 11/12 Wellbeing Coordinator



See the Community Noticeboard for posters and notices of upcoming events within our College, and wider community.

Please click [here](#) to view this page.

Uniform Shop

Regular Opening Hours:
Tuesday: 8.00am - 12.00pm
Thursday: 1.00pm - 5.00pm

A reminder that Students are required to wear their Summer Uniforms for Term 1. Hats must also be worn.

Contact Us:

E: thecollegeshop@tenison.catholic.edu.au
 T: (08) 8724 4637

Shipment of
 Woollen Jumpers
 are now in stock!



Upcoming Events:

Monday 24 February

- 9:00am-11:00am – Year 2B (Clifford) Echo Farm Excursion

Tuesday 25 February

- Shrove Tuesday - Pancakes For Sale (Gold Coin Donation)
 Recess: Year 8-12, Class-time: R-7.
- 9:00am-11:00am – Year 2C (Domaschenz) Echo Farm Excursion
- Catholic Co-Ed Swimming Carnival, Adelaide

Wednesday 26 February

- Ash Wednesday
- 8:40am-3:20pm – Young Environmental Leadership Programme (YELP)
 Expo, Naracoorte Caves
- 9:00am-11:00am – Year 2A (Hayes) Echo Farm Excursion

Thursday 27 February

- 9:00am – Open Morning Tea for Parents, All Welcome, Sugarloaf Cafe

Friday 28 February

- 12:30pm – Clean-Up Australia Schools Day – R-12

Saturday 29 February

- 6:00pm – Mass, St Paul's Catholic Church

Sunday 1 March

- 11:00am – Mass, St Paul's Catholic Church



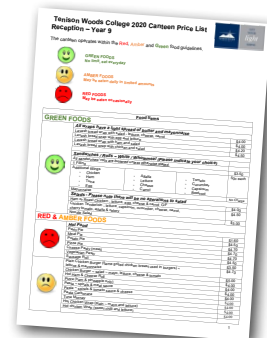
Canteen Roster

For those rostered to work in the canteen, your starting time is 10:00am and your finishing time is 2:00pm. If you have any questions, please contact the Canteen Manager, Leanne Sandow. Thank you for your assistance.

Please note: Lunch order bags can only be used once, they are not reusable.

Week 5

- Monday** - Cassie Edwards
- Tuesday** - TBA
- Wednesday** - Lyn Wilson
- Thursday** - Sarah Cutting
- Friday** - Kate Pohlner



2020 Canteen Pricelist

Please visit the website for the 2020 canteen pricelist or click [here](#)

Ash Wednesday Canteen Menu for Wednesday 26 February

Please be advised, the following food items will be available on Ash Wednesday (there will be no meat served in the Canteen).

- Tuna Mornay \$4.00
- Vegetarian Pasty \$4.50
- Tomato sauce/cheese pasta \$4.00
- Battered Flake \$5.00 per pice
- Potato cakes \$1.00 each
- Any wrap, roll, salad or sandwich without meat (refer to menu for salad prices and vegetarian options)
- Year 8 and 9 lunch only Vegetarian fried rice \$6.00