



Banana Blueberry Muffins (makes 12)

Ingredients:

2 cups of self-raising flour

¾ cup sugar

½ cup milk

2 eggs whisked

½ cup butter melted

2 mashed bananas

¾ cup blueberries

Method:

- 1. Preheat oven to 200C. Sift flour and sugar into a bowl and make a well in the centre.
- 2. Combine milk, melted butter and eggs and whisk well.
- 3. Pour milk mixture, yoghurt, banana and blueberries into the bowl and gently mix until just combined.
- 4. Line muffin tray with papers and spoon the mixture evenly between the 12 muffin cups, bake for 15 minutes or until golden brown