



Fennel & Citrus Rosquillas – pronounced ros-key-us

(Spanish Doughnuts) makes 25-30

Ingredients:

- 4 eggs
- 250g sugar
- 3 ½ cups Self Raising Flour approximately
- 8 tsps. lemon/lime/orange rind
- 4 tsps. finely chopped fennel
- 2 tbsps. of oil
- 2 cups sugar for coating
- 1-2 litres of oil for frying

Method:

- 1. Remove the rind from the citrus
- 2. Whisk eggs in bowl until creamy and fluffy
- 3. Slowly add sugar and citrus rind and chopped fennel to eggs
- 4. Add 2 tablespoons of oil to the mixture and stir gently
- 5. Add the flour bit by bit mixing well each time to make a dough
- 6. Knead dough flat on a floured surface
- 7. Make doughnut shapes by taking a large spoonful of dough and rolling it between hands into a snake and joining well
- 8. Heat 1-2 litre of oil in an electric frypan on medium to high heat
- 9. Add doughnuts and fry until browned
- 10. Drain on paper towel and roll in sugar
- 11. Allow to cool before enjoying with dipping sauce