

# Year 3-7 Tenison Woods College Sports Day

Friday 6 April, 2018

## TIMETABLE OF EVENTS

**8:30am – 8:40am:** All students to be at Marist Park

**8:40am:** Introduction

**8:50am:** Official opening

**8:55am:** Students go to class teachers for roll and then move to first event

### TRACK EVENTS (Years 3-7)

| TIME    | Year 3       | Year 4        | Year 5        | Year 6        | Year 7    |
|---------|--------------|---------------|---------------|---------------|-----------|
| 9:00am  | Shot Put     | Sprint (100m) | Sprint (100m) | 200m          | 200m      |
| 9:30am  | Sprint (70m) | Hurdles       | 200m          | Hurdles       | 100m      |
| 10:00am | 200m         | Shot Put      | Hurdles       | Sprint (100m) | Long Jump |
| 10:30am | Hurdles      | 200m          | Long Jump     | Shot Put      | Hurdles   |

**11:00am – 11:15am | RECESS**

### FIELD EVENTS (Years 3-7)

| TIME    | Year 3    | Year 4    | Year 5    | Year 6    | Year 7    |
|---------|-----------|-----------|-----------|-----------|-----------|
| 11:20am | X-Country | Long Jump | Discus    | High Jump | Discus    |
| 12:00pm | Discus    | Discus    | X-Country | Long Jump | Shot Put  |
| 12:40pm | Long Jump | X-Country | Shot Put  | Discus    | High Jump |

**1:20pm – 1:40pm | LUNCH**

Choice of bringing packed lunch or students can purchase from the Sugarloaf lunch stall – BBQ, kebabs, wraps and rolls

**1:40pm – 2:00pm: Year 3, 4, 5, 6 and 7 x 400m**

Any student can enter - 1 lap of Marist Park

**2:00pm – 2:30pm: Year Level Relays**

Fastest two boys and two girls from each House group for each year level

**2:30pm – 2:45pm: Staff versus House Leaders Relay**

**2:45pm – 3:00pm: Year Level Sprints**

Fastest boy and girl from each House group

**3:00pm: Presentations**

**3:10pm: Clean up and Dismissal**

