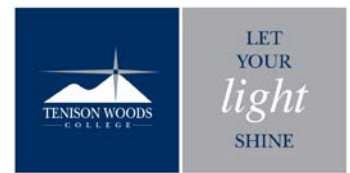


Tenison Woods College 2017 Canteen Price List Reception – Year 9



The canteen operates within the **Red**, **Amber** and **Green** food guidelines.



GREEN FOODS
No limit, eat everyday




AMBER FOODS
May be eaten daily in limited amounts




RED FOODS
May be eaten occasionally

Food Items				
GREEN FOODS				
	All wraps have a light spread of butter and mayonnaise			
	Lavish bread wrap salad - lettuce, cheese, carrot			\$4.00
	Lavish bread wrap egg & lettuce			\$4.00
	Lavish bread wrap with ham salad			\$4.20
	Lavish bread wrap chicken salad			\$4.50
	Sandwiches / Rolls ~ White / Wholemeal (Please indicate your choice)			
	<i>All sandwiches/ rolls are buttered unless otherwise stated.</i>			
	1 Filling			\$3.50
	Additional fillings			50c each
	- Chicken	- Alfalfa	- Tomato	
	- Ham	- Lettuce	- Cucumber	
	- Tuna	- Cheese	- Capsicum	
	- Egg	- Carrot	- Beetroot	
	Mayonnaise			No Charge
Salads - Please note there will be no alterations to salad				
Ham or Roast Chicken - lettuce, egg, cheese & carrot G/F			\$4.00	
Chicken Tenderloin - lettuce, capsicum, cucumber, cheese, carrot, cherry tomato, alfalfa & celery			\$4.50	
Noodle Salad			\$3.00	
RED & AMBER FOODS				
	Hot Food			
	Party Pie			\$1.50
	Meat Pie			\$4.00
	Potato Pie			\$4.20
	Pizza Pie			\$4.20
	Cheese Pasty (meat)			\$4.20
	Vegetarian Pasty			\$4.00
	Sausage Roll			\$3.00
	Plain Chicken Burger (flame grilled chicken breast used in burgers) ~ lettuce & mayonnaise			\$4.20
	Chicken Burger ~ salad – mayo, lettuce, cheese & tomato			\$4.50
	Hot Ham & Cheese Roll			\$3.50
	Pizza (ham & pineapple only)			\$3.50
	Pasta ~ spirals & meat sauce			\$3.00
	Pasta ~ spirals & tomato sauce & cheese			\$3.00
	Hot Dog in Bread			\$3.30
	Hot Dog – Bread & sauce (no charge for sauce – please indicate on bag if wanted)			\$3.30
	Hot Dog in Roll			\$3.50
	Hot Dog in Roll & sauce (no charge for sauce – please indicate on bag if wanted)			\$3.50

RED FOODS

	Cakes, Slices, Buns	
	Hedgehog (Half \$1.50)	\$3.00
	Vanilla Slice	\$3.00
	Apple/Apricot Turnover	\$3.00
	Apple/Apricot Slice	\$3.00
	Donuts - small	\$2.00
	Drinks	
	Water – 600 ml	\$2.50
	Playwater	\$2.50
	Small Chocolate/Strawberry Milk	\$3.20
	Pop Top Juicy Isles (apple, orange, tropical, blackcurrant)	\$2.50
	Apple/Orange Juice (Bottle) - small	\$3.00
	Apple/Orange Juice (Bottle) - large	\$3.50

AMBER FOODS

	Ice-Creams	
	Jellied Fruit	\$1.00
	Lemonade Icy Pole	\$1.50
	Paddle Pop	\$1.50
	Calippo	\$2.00
	Over the counter	
	Bag of Sunfruits	\$1.00
	Red Rock Chips (28g pkt)	\$1.00
	Chips – Plain/Salt & Vinegar	\$1.00
	Ovalteenies	\$1.00
	Popcorn	\$1.00

The canteen operates within the Red, Amber and Green food guidelines:

- There is no credit given at the canteen.
- Students in Reception to Year 5 must use lunch order system.
- No icy poles or ice-creams to be ordered through the lunch bag as they are often returned to the Canteen because they have melted.
- Please note: if not enough money is in the bag an alteration to the order will be made and change given.



RED FOODS – may be eaten occasionally



AMBER FOODS – may be eaten daily in limited amounts



GREEN FOODS – no limit – eat everyday

